



Spring 2018 - Summer 2018 Residency & Alumni Newsletter



Upcoming Events

CalACEP - Marina Del Rey Sept 7

FIX2018 - New York October 16 - 18

ACEP - San Diego October 1 - 4

Welcome Class of 2022!

	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER
B I R T H D A Y S	Tyler Haertlein & Kevin Wroblewski August 5	Anna Nguyen September 1	Ashley Vuong October 2	Scott Votey November 3
	Adam Gruner & Haig Aintablian August 9	Scott Lundberg September 4	Daniel Weingrow October 4	Chelsea Robinson November 17
	Greg Tong August 11	Jason Singer September 11	Michelle Brennan October 9	Danielle Antonuk November 20
	Jo Feldman August 17	David Schriger September 12	David Haase October 10	Claudie Bolduc November 21
	Hannah Spungen August 22	Amir Rouhani September 19	Jorge Diaz October 15	John Keller November 22
	Sara Crager August 27	Daniel Ichwan September 21	Pam Dyne & Fred Abrahamian October 16	Tom Graham November 25
	Natasha Wheaton August 31	Ignacio Calles September 24	Tom Akie October 18	Anna Yap November 27
			Jason Lu October 24	
			Dan Waxman October 27	
			Theresa Cheng October 29	
			Alan Chiem October 31	

Message from the Chair

Greetings everyone! It has been an exciting Spring and start of Summer. We have graduated another class of talented emergency physicians to let loose on the world, and welcomed 15 enthusiastic new interns into the UCLA family. If you haven't had a chance to meet them yet at intern boot camp or one of the welcome events, they'll be coming soon to an ED near you! I'd also like to give you some updates on new faculty, "old" faculty, and more.

New faculty:

In our last newsletter, we told you about **Jaime Jordan** who will be coming from Harbor to join us as an Associate Program Director, and **Vanessa Franco (2017)** who is completing a Sports Medicine fellowship and coming on faculty with a joint appointment in Orthopedic Surgery. But the fun doesn't stop there—we have three more new faculty who need a newsletter-worthy introduction:

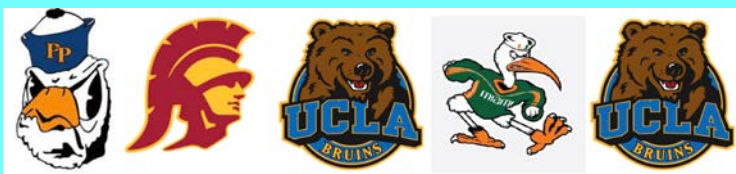
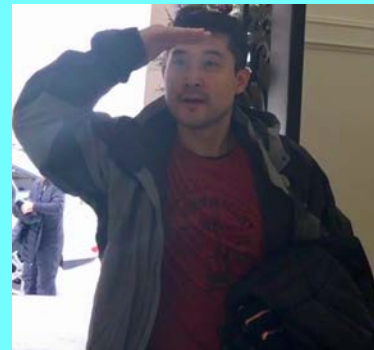
Samantha Kadera (2013) will be returning to UCLA this summer. Sam went to UCLA undergrad and was a tech in our ED. She went to Duke for medical school, and returned to UCLA for our residency program, serving as Chief Resident in 2013. She stayed for a Research Fellowship, during which she also obtained a Master's degree in Public Health. For the past two years she has been on faculty at Cornell-NY Presbyterian, but can't stay away from UCLA for long—she will join our research faculty, working at Reagan and Santa Monica.

Relevant Mascots: Bruins, Blue Devils, Bruins, Big Red, Bruins



George Lim will be joining our faculty after finishing an Anesthesia Critical Care Fellowship at UCLA. He went to Pomona for undergrad, USC for medical school, Mount Sinai for EM residency, did an Ultrasound Fellowship at UCLA in 2015, started Critical Care training in Miami and finished at UCLA. George will be joining Sara Crager in the SICU and working in the ED at Reagan and Santa Monica. He will also add to our growing ultrasound expertise.

Relevant Mascots: Sagehens (yes, that's right), Trojans, Bruins, Hurricanes, Bruins



Jamie Bell just finished a fellowship in Informatics at UCLA and will be staying on faculty. Jamie went to Florida State undergrad, Harvard Medical School (that school in Boston), and completed his EM residency at Baylor in 2016. Along with his Informatics Fellowship, he obtained a Master's degree in BioMed Informatics. He will be staying on our faculty in informatics, helping Lynne McCullough and Frank Day, and working in the ED at Reagan and Santa Monica.

Relevant Mascots: Seminoles, Crimson, Bears, Bruins



We also have some new faculty starting part time with us:

Jennifer Shangkuan will be working at Olive View. She trained at Bellevue and works at Ventura County.

“Not so new” faculty:

Richelle Cooper (1998) is finishing up a brief stint (5 years) as Associate Program Director and just transitioned to her new role as Research Director for the Department. In addition to doing her own research, she will be able to help all of us transform our half-cooked research ideas into meaningful projects.

Dan Waxman will still be doing research and working with us at Reagan, but has also added a new role. He will be serving as the Interim Medical Director for UCLA Occupational Health, to help with the transition of the center from Human Resources to its new home in the Department of Emergency Medicine. Occ Health is currently on the 6th floor of CHS but will move to a new space on the first floor next year.

Fellows:

We have five new fellows for this academic year, and you can read all of the juicy details about them later in the newsletter. But I will point out that we have launched two brand new fellowships this year, IDHEAL (International and Domestic Health Equity and Leadership) and Wilderness Medicine, and it's our first year of a dedicated EM spot in the Anesthesia Critical Care fellowship.

New Staff:

Jasmine Bermudez is currently serving as our Academic Personnel Coordinator, where she coordinates faculty appointments and promotions. A recent UCLA grad in Psychobiology, she brings two years of experience in the DGSOM Dean's Office for Academic Affairs.

Corazon Corona recently graduated from UCLA with a degree in Sociology, and is our new full-time Medical Student and Fellowship Coordinator. You may have met her already since she has been assisting our residency team during the past two years.

Charity Nguyen joins our team as a Research Coordinator, after receiving her UCLA degree in Neuroscience. Her background as a dedicated EMRA student over the past two years provided great training for her new role in coordinating departmental research activities.

Office renovation:

Our 300 and 500 offices in the Bank of America building are finally done! We need to hang some pictures to make them look more “lived in” but it looks good—if you haven't come by yet to see it, please do. Our plan is to renovate the office every 30 years or so whether it needs it or not.

Santa Monica:

We are working to fully integrate Santa Monica-UCLA into the DEM later this year, with **Wally Ghurabi** serving as the Chief of EM at SM, and a new Vice Chair in our department. It is an exciting time as we welcome a new group of doctors who have been doing excellent work at SM for many years, into the DEM. As a first step, some of our new faculty and fellows will work across sites, spending time at SM, RR, and OV.

And finally, ACEP will be in San Diego this Fall, and I hope we have a big turnout at our Alumni event! And please try to meet and welcome some of the new folks listed above.

Respectfully submitted,

Greg Hendey (1993)

Chair, UCLA Emergency Medicine

Relevant Mascots: Fighting Irish, Commodores, Bruins



Meet the 2018-2019 Chief Residents

Hello!

We are excited to be the new chief residents for the coming year! We have loved our three years in the program so far, and are hoping to make the experience even better for our current residents, while laying the groundwork for continued growth in the years to come.

Here's a little bit about each of us:

Josh Baugh grew up in the Bay Area, then spent some time freezing on the East Coast before returning to California for residency. He still spends a lot of time flying to and from Boston to visit his wife, who is finishing a PhD there. He's not the best at life planning, but hey, who is? He's interested in health care policy and residency teaching, and he just might go into academics if he survives his chief year. It would help if someone could teach him how to use Google Calendar first.

Matt Rosen grew up in Arizona, and then he picked a warmer spot on the East Coast than Josh did for medical school. He's slightly better at life planning. Matt is our technological guru and likes to pick up fun hobbies like making an entire residency schedule on his vacation. You might catch him running or biking along the beach in his free time, although none of us really understand how he finds any free time. He too might pursue academics if he doesn't take a job at a zero-bed ER in Alaska instead. If you see him, give him a hug – he usually needs one.

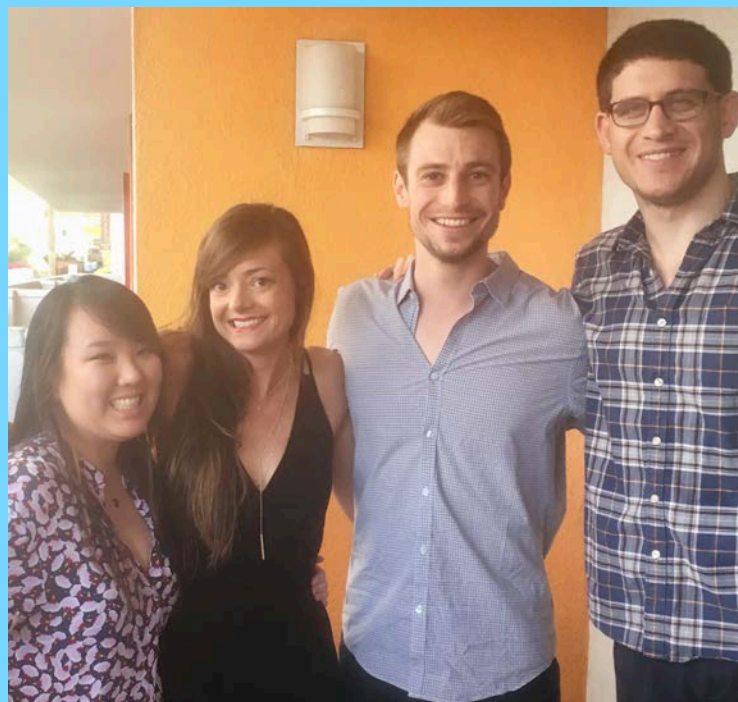
Brittany Guest was raised in sunny Huntington Beach, which explains why all she can see are sunshine and rainbows. A few years in Colorado really didn't seem to add any snow or gloom. Britt has organized every wellness event the residency has ever had – we think she was behind the scenes even when she was in med school and hadn't been accepted here yet. Her infectious enthusiasm stands in stark contrast to Matt – she's usually the one giving him that hug he needs. She married a German, who are also known for their fun-loving spirits, I think?

Kellie Kitamura hails from Hawaii, so you would think she would be even sunnier than Britt. Not so much. Kellie keeps the wheels on the bus, and has likely had a role in planning every event you've been to in the residency (except for the wellness events Britt planned). She always has a kind word for everyone, unless you just let her down, in which case she will cut you. She is either going to run her own residency program or retire immediately after her chief year - really a toss-up which one it will be.

On a slightly more serious note...

There has already been a lot of change in the residency during our short tenure thus far, including shortening of Olive View nights and a new on-shift evaluation system. Right now, we are in the thick of intern boot camp and have had the privilege of teaching yet another amazing class of new residents. In the coming months, we are hoping to re-structure the way we run trauma resuscitations, create new features at our weekly conference including more cross-departmental case reviews, expand the junior attending experience for our fourth-year residents, and roll out new monthly wellness events. We can't wait to work with all of you to continue making this the best residency program in the country!

Sincerely,
Team Chief 2018-19



Get to Know the Antelope Valley Partners

Mark Brown (1988)

Does your legal training affect how you think about medicine? Does it affect how you practice? I spent ten years practicing law before going into medicine and I'm often asked how does that affect my attitude toward malpractice. The short answer is that I don't worry about malpractice much at all. If we stay focused on doing the best for the patient rather than defensive medicine, malpractice will take care of itself.



Medicine and law are *very* different. Medicine is about science. Law is about persuasion. Doctors use facts to find the truth. Lawyers use facts to create the *appearance* of truth.

Our legal system highly incentivizes litigation and so the vast majority of claims against emergency doctors are unfounded. But the only way a lawyer can get money for his client (and himself) is to try and make the doctor look bad. Hence malpractice claims will almost always contain personal attacks on the doctor's competence and decency. As bad as this can feel, it's important to remember that it isn't personal—it isn't about truth, it's about persuasion.

Lawrence Stock

How did you end up doing your crazy international work? During the Balkan Conflict I volunteered with International Medical Corps in Bosnia (1996) and later in Albania (1999) and Kosovo (2000). I had completed EM residency training at Harbor UCLA in 1991, traveled for a year in Mexico and Central America with my wife, and then returned to work in LA and attend part time at Harbor in the ER. At age 38 my epiphany was that EM training was a great fit for Humanitarian Disaster Response and Complex Emergencies and that I really enjoyed doing this work. I also developed friendships with a community of people who felt the same way. That year I met Tom Lee and Loren Rauch, both EM residents at Harbor, who had started their own NGO, Global Health Access Program (later renamed Community Partners International). I traveled to the Thai Burma border with Tom and as a result I helped create a conflict related trauma program with our local health care partners from Eastern Burma. While the trauma program became a longitudinal commitment, I volunteered as situations arose: Mexico, Sri Lanka (after the Indian Ocean Tsunami), Pakistan and Kashmir (after the South Asia Earthquake), Liberia (during their last civil war), Ghana, and the Philippines (after Typhoon Haiyan). I went back to Liberia in 2015 during the Ebola outbreak in West Africa.



As the political situation has evolved, how has that impacted the work you do in Asia? During the active conflict in Burma between the government and the ethnic groups the role of the trauma health care workers was clear. They were the *de facto* EMS, emergency, and surgical providers for their people. With no physicians, nurses, or hospitals, they performed life-saving procedures (including fasciotomy, amputation, and whole blood transfusions) for landmine victims and other conflict related trauma victims. With the current ceasefire there is no active fighting in Eastern Burma but there is still no resolution to the underlying cause of the conflict. The role of the trauma health care workers is less well-defined moving forward.

What still surprises you? How much I still love being an EM doc.

Any pearls for residents?

Always strive to do the right thing for your patient.

Try to align with and advocate for your patient: they need to know you are working to help them.

Ignore all the distractions and focus on the important stuff.

Be kind and caring and human.

Be confident.

Remember what you are doing is noble and worthy of your life's work.

EM is a team sport and you are the team captain. Be good to your team and they will help you.

Be a servant leader.

Be nice, be good, then be fast, and don't piss off the nurses!

Get to Know the Antelope Valley Partners

Malkeet Gupta (2006)

What are the keys to a good EP group? Even after twelve years, I still learn so much from watching Mark Brown work (in) the ED. He is a master at making every patient feel cared for and listened to. He's also a master at creating a team first mentality amongst every single staff member from EVS to nurses to secretaries to the consultants. This combination of patient-centered care along with fostering a cohesive group feeling amongst the entire ED staff has been the key to AVEMA's success.

Do you have a favorite diagnosis in the ED? It's more about the story rather than the diagnosis at this point. I love patient histories that make me laugh. But I also love stories that lead to the correct diagnosis because I asked the right, non-obvious questions.

You never seem fazed by cases - does any situation freak you out? I've become a little freaked out by how good the residents have become at ultrasound. Am I gomer already because I can't estimate someone's EF?

What do you do for fun? Lately, it's been watching the World Cup with my kids.



Mike Gertz



What is your greatest joy as an EM doctor? I have made it very simple. I work my shift, nobody dies and I do the best I could for my patients. When I focus on that, I can approach patients and families with kindness and compassion. Those simple interactions are my greatest reward.

If Dr. Gertz today could tell Dr. Gertz as a brand new residency grad one thing, what would it be? I graduated residency believing that the specialty of emergency medicine was about ruling out emergency conditions and stabilizing patients. It took me a while to realize that most patients didn't have emergency conditions and that if I only focused on stabilizing emergencies, a lot of patients were going to leave unsatisfied with their care. Managing patient complaints has taught me the importance of loop closure with patients and families whether it be the discharge or the decision to admit. Spending time explaining results, treatment and return precautions is the key to patient satisfaction.

Any pearls for residents? There will be shifts where you do everything right. Don't spend too much time patting yourself on the back and thinking you've got this thing all figured out. Just around the corner will be that shift where nothing goes right and don't spend too much time kicking yourself in the butt either. Most shifts are pretty average and we just do the best we can. We are always learning and best to stay humble.

Favorite diagnosis? I love diagnosing myasthenia gravis in the emergency department. Watching them clear up with Tensilon is fun and they are always amazed. Besides, the pathophysiology is really cool.

Travis Deuson

Your equanimity in all situations has been noted by many of our residents. What is the secret of your preternatural calm? I credit my calm to an innate, temerarious naïveté and a poor sense of smell. Those plagued by knowledge and intelligence would be wise to consider Stress Exposure Training (SET) / Stress Inoculation Training (SIT).

A nurse at the urgent care where I work has a crush on you. Just FYI. I am as flattered as I am unavailable.

Why are you in such good shape? Cookies. My wife bakes the most wonderful cookies.

Do you have hobbies besides monitoring your own sleep? To become an expert sleeper requires relentless practice, and I am an expert sleeper.

Favorite diagnosis? I enjoy conditions that respond to lifestyle changes achievable through patient and family education. Infantile eczema is a good example. It affects the whole family with stress and misery, yet responds to low tech, inexpensive measures.



Thanks for asking. It's time for my cookie, oatmeal bath, and nap.

Get to Know the Antelope Valley Partners

Atilla Uner (1997)

Does AV help prepare you for your disaster deployments? Does anything? The AV hospital ED is a high-acuity department that serves over 130,000 patients per year, so there is nothing you won't see, diagnose, and treat working here. While we have great consulting services, they do expect us to diagnose and stabilize all patients before admitting them. We have great autonomy in our medical decision-making and perform all emergency procedures ourselves. This combination makes for a very satisfying work-life and prepares us to function well in resource-limited environments in third-world or disaster situations.

Which of your deployments was the most interesting/memorable?

That would have to be the deployment to the Nepal Earthquake in 2015. The extent of the destruction, witnessing the challenges of managing 54 Urban Search and Rescue teams from 22 countries by the United Nations, the politics of maneuvering a USAID team in a small nation located between two super-powers (India and China), running out of our building in Kathmandu during the aftershock 18 days after the first earthquake, and responding to renewed structural collapses without delay all taught me things about disaster response that I did not know from my domestic deployment to Mississippi after Hurricane Katrina.

What do you think most EDs need to plan for better in the event of a MCI? The Hospital Incident Command System is well designed, but the usual exercises don't reach the level of realism needed to actually internalize the roles and responsibilities. It's not more moulage that is needed, but insistence that participants actually perform their function without distraction or compromise. Exercise debriefs are often perfunctory and do not lead to changes in operations. Timely and safe decontamination of patients exposed to hazardous materials is one example of lip-service in many hospitals. A coordinated hospital response to an MCI will save lives and reduce injury risk to medical personnel, but all personnel's egos must be kept in check so that they perform their assigned role at their work station without straying to more "interesting" areas. This has to be an expectation by hospital leadership.

Favorite diagnosis? Is always my last interesting case. Today we diagnosed new-onset acute thyrotoxicosis. The patient's history and symptoms were straight from the textbook, she was the nicest person and felt so much better after propranolol, and we got to talk with the EMT's about how her appearance differed from the usual Afib RVR patients they encounter. All smiles and good interactions, it was a great way to end the shift.

Matt Richard (2002)

I once saw you dealing with a very difficult family and somehow you got them happy and thanking you by the end of it. What tips do you have for dealing with challenging patients and families? Often, by the time it's apparent that a patient or family is upset, they've already had a series of difficult interactions with you, or with other ED staff (e.g. nurse, tech, registration, lab, another provider). But although on the surface it may look like they're getting further entrenched in their demands or complaints, I find that often by then, underneath all the bluster, they are beginning to realize that perhaps they are not handling the situation with much grace. At that point, they actually want to compromise, and they are looking for a reason to justify a return to civility and composure that doesn't make them feel like they're "caving in". So just have a seat, listen, empathize, and look for some common ground. You might not order that MRI of the entire body they want, but they may be surprisingly pleased when you make the extra effort to contact a spine surgeon and get them an appointment.

As you've gone along, has what you find rewarding in Emergency Medicine shifted at all? Starting out, I was focused on honing my technical and diagnostic skills, and to the extent that I did well in those areas, I felt good about myself as a physician. But as time went on, and my clinical skills improved, I found my source of satisfaction shifting from the medical aspects of my work towards the personal aspects. Now, if I end a shift knowing that a few patients went home feeling happier or less worried, I feel good about that day, regardless of whether I "saved a life".

If you were doing it all over, would you still do EM and/or change anything? What advice would you give to a young Dr. Richard now? I wouldn't change a thing. I think EM is the best job in the world (as least for me). I'm glad I didn't take that investment banking job out of college! Advice: Don't be afraid to try lots of different life and career paths until you find your best fit. I tried quite a few before landing here.

What if your favorite diagnosis in the ED? The patient in extremis with acute CHF and pulmonary edema. You have to love that such simple interventions can change a patient from "must intubate now" to comfortable and talking, and all within a few minutes.



Get to Know the Antelope Valley Partners

Loren Rauch

Please do share your "ambush atta boy" approach to procedures. My "Ambush, then Attaboy!" approach to procedures is often more efficient, fun, and less distressing for patients. I prefer to basically "ambush" the patient when doing quick, painful procedures, or something that is best performed quickly rather than delaying for a protracted procedural sedation. (An example is an injection, small joint or patella reduction, foreign body removal, or a grossly displaced ankle after EMS IV analgesia.) Giving as little warning as possible (about 5-10 seconds of explanation) before painful procedures minimizes the distress caused by anticipation and reduces the patient's cognitive processing of the plan. Then after the procedure, immediately give the "attaboy!" and compliment them on how brave they were and sing their praises to their families and friends. Their lack of anticipatory distress is now framed as "bravery". (In public spaces like the Ambulance Bay, I also like to ask them to "Breathe ALL the way out!" and wait for the nadir of their exhalation to perform the procedure, so they only gasp instead of yell.)



Your pearls to happiness in Emergency Medicine? At AV, we try to cultivate gratitude for the amazing jobs we have. Our jobs are interesting, gratifying, collegial, respected and well compensated. When we are dissatisfied, often we have started to compare ourselves to the few people with more than us. Instead, we can compare ourselves to the vast numbers with less than us and much more difficult lives. (Whatever problems most of us have, we are not working in an active war zone or being bombed!)

Try to tell your patients: "You did the right thing coming into the ER today!" First, it is the most efficient way to reassure patients who are usually tormenting themselves over this exact question. The gratitude they feel makes both us and the patients happier. (And, there are few more efficient ways to upset a patient than to suggest the opposite.) Making patients happier makes our job more enjoyable. The medical issues require much more work and usually many tests and medications. Reassuring and educating patients is simpler, quicker, and often more gratifying. We can further increase happiness by broadening the definition of helping and the range of people we are serving. Helping their anxieties and worries as well as illnesses; Helping our staff and families, in addition to the patients.

Whenever you find yourself resenting the people coming to see us, realize that this is burnout. You have been battered into a defensive, "protective crouch". Be kind to yourself but also try not to take it out on the patients or vent to fellow staff. Take some time off, attend to your injuries and exhaustion. Remember to play and laugh. Rekindle your excitement and rediscover your joy of giving to patients rather than feeling like they are taking from you. The Buddhist "Loving Kindness Meditation" technique is perhaps the most efficient way to rekindle this positive gratitude cycle in our jobs.

Teaching makes our jobs so much more enjoyable. Sharing exciting, fun cases and teaching how to do otherwise now routine procedures like intubations or reductions makes shifts more enjoyable. I also like to give myself goals like, "Teach all the midlevels how to use loop drains on abscesses". We truly enjoy teaching and learning from the residents as well as all of the other students and interested staff we have in the ER. That is a gift the UCLA residents give to us.



Favorite diagnosis?

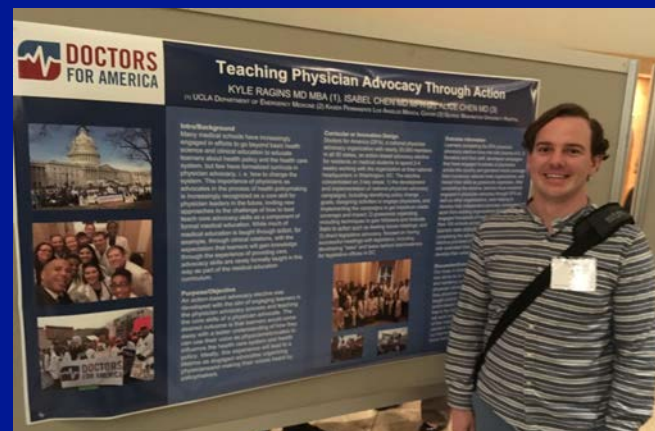
Surprise trauma arrivals, especially by walk-in or private automobile, and agitated patients requiring the big dogpile. I also love collecting interesting chief complaints, such as Larry and my astronaut patient whose space plane exploded at 60,000 feet, and the two siblings who arrived glued together.

Beyond Flexner 2018

The [Beyond Flexner Alliance Conference](#) held in Atlanta April 2018 brought together health professions educators, students, residents, clinicians and community partners to discuss broad themes of social mission including social determinants of health, community engagement, disparity reduction, diversity promotion and value-based health care in the hopes of transforming our health system and the way in which we educate medical professionals. The Beyond Flexner movement was started by Dr. Fitzhugh Mullan, whose JAMA Viewpoint on the [Social Mission in Health Professions Education](#) encapsulates the mission.

The 2018 conference was the fourth held by the alliance, and some of our [UCLA IDHEAL](#) members participated. The keynote speakers included Sir Michael Marmot (Professor of Epidemiology and Public Health at University College London, Chair of the WHO commission on Social Determinants of Health, author of “The Health Gap”) and the Honorable Andrew Young (civil rights leader, former US Ambassador to the United Nations, and former mayor of Atlanta). Breena said *“The Beyond Flexner Alliance conference is a wonderful opportunity to meet leaders in the field of social mission in medical education. Hearing Michael Marmot speak in person was a true inspiration.”*

Todd Schneberk led a break out session with a panel from the Wellness Center on “Medical Legal Pathways for Health Equity,” and Kyle Ragins (2019) spoke on “Advocating for Policy that Makes a Difference” and using social media. Incoming IDHEAL fellow Hemang Acharya presented a poster for work he did with Shamsheer Samra (2017), Todd Schneberk, Breena Taira, Adedamola Ogunniyi, and Dennis Hsieh describing the education and teaching modules created by the IDHEAL group. Todd Schneberk described the conference stating, *“It’s a collection of some of the foremost experts on social determinants and health policy integration in the world, in an intimate setting where you can’t help but interact with them. Not to mention some of the most progressive thinking I have seen at a conference regarding implicit bias, discrimination in medicine and rethinking the whole blueprint for medical training.”*



CORD 2018

The incoming 2018 chiefs, residency coordinators, faculty, and members of the PD leadership team enjoyed the San Antonio River Walk. This year is the 300th anniversary of the city of San Antonio, which made for a fun backdrop for the attendees. For this year's conference, Hannah Wallace (2019) was selected to present at the CPC conference and represent our program, and Natasha Wheaton was faculty discussant on another program's resident's case.

Rebecca Bavolek coordinated the Best Practices 560 sessions and was chosen to be the Junior Track Chair for Best Practices for the 2019 CORD Academic Assembly.

Andy Grock traveled (just before his wife delivered their second child) and presented two talks at CORD: "Needle in a Haystack: How to Find and Evaluate Quality FOAM," and "The Blurred Line Between Burnout and Depression." Andy was also a member of the 2018 iMED track planning committee.

In addition to her CPC discussion, Natasha Wheaton ran a session in Best Practices: "Implementation of a National Wellness Curriculum: Lessons Learned."

Incoming APD Jaime Jordan is a director of the Medical Education Research Certificate (MERC) program, which runs a scholarship program at CORD, and is also the Research and Scholarship Pillar lead for the CORD Academy for Scholarship. She delivered three presentations: "Beyond the Chiefs - How to get all your residents involved in leadership roles," "How to write a manuscript," and "Education Research Consults Utilizing the 'Step Back' Method." We are so excited she will be starting in August and bringing even more expertise to our education program leadership.

The 2019 Academic Assembly provided opportunity for networking and team building, but most of all gave the leadership team lots of innovative ideas for residency education. They are all excited for the upcoming academic year!



SPOTLIGHT ON RESIDENT ELECTIVE

ABC News Medical Unit Resident Rotation Program

David Kim (2018) spent four weeks in New York working with the ABC News Medical Unit. The specialized unit of ABC serves as a central hub for medical news and stories for all ABC News shows and affiliates, including Good Morning America, World News Tonight with David Muir, 20/20, and ABC Nightline. ABC News has invited residents from all specialties into their newsroom for over 20 years for “Media and Medicine,” providing resident physicians an opportunity to witness and participate how health information is developed and conveyed to the public. David worked alongside residents and fellows from around the country including a cardiology fellow from Boston Medical Center, a pediatrics resident from Indiana University going into pediatric cardiology, a medicine resident from the University of Connecticut planning to enter primary care, and a medicine/pediatrics resident from Stonybrook headed for an allergy/immunology fellowship.



During his four weeks, David participated in a range of activities, including advising news producers and correspondents on medical stories, working with news producers to prepare background information for TV segments, writing health stories for the general public that are published on abcnews.com, writing scripts for medical minute segments, summarizing key articles for ABC’s daily medical memo distributed to over 400 affiliates, framing and formulating questions, and speaking with leading medical experts - including reviewing embargoed studies, interpreting the impact of new studies, speaking with researchers, and increasing awareness about a broad range of health topics and policy.

The elective allows residents to get experience writing for medical journalism, identifying “newsworthy” topics, learning the successful pitch, gaining skills for interfacing with the media, developing medical journalism interviewing skills, and working on social media to improve health literacy and spread public health messages. David wrote eight articles with ABC news during his elective there (for an example, read [Golden Globes, an Oscar, a spider and now his own beetle: Leonardo DiCaprio finally has it all](#)), helped to create segments on social media about screening in primary care, healthy habits to reduce heart disease, and deceptive marketing practices among private stem cell clinics.



Residents often get to accompany the medical correspondent to show tapings. David was able to work with Dr. Jennifer Ashton, ABC Chief Medical Correspondent, helping her to research the latest data and statistics as she went live on the air to discuss President George H.W. Bush’s hospitalization or as Kate Middleton left the hospital with Prince Louis.

“It was a once in a lifetime opportunity for me, and I am entirely grateful to everyone I met. ABC really values the residents, who over the years have become an integral part of their news production,” says David. “It gave me a new perspective, as what may seem important for me as a provider is sometimes not what our patients see as important, which is what news outlets, like ABC, have a better perspective of. It also gave me great respect for people who work in the news, as they face similar challenges to our day job in Emergency Medicine. There is new information coming in all the time. It can become chaotic. Well laid plans can change in an instant. You will be both praised and vilified from all sides. Everyday was a humbling experience.”



Interested residents can talk with David Kim to get more information or reach out to the ABC medical unit producers who run the program listed on the electives log.

SPOTLIGHT ON RESIDENT ELECTIVE

Residency Elective in Health Policy

Theresa Cheng (2021) took part in a two-week elective in health policy at Kaiser Permanente Southern California. Originally developed at George Washington University, this elective experience for residents has expanded to California. A number of the participating faculty (including Jerry Hoffman (1979)) have an affiliation with our program and the UCLA Fielding School of Public Health, which opened up the opportunity for a few elective positions to UCLA residents. The elective is designed to give residents an understanding of key aspects of the US health care policy through intensive seminars with policy experts in health disparities, health economics, public health protection, quality improvement, value-based care, and social determinants of health. The elective is a unique opportunity for a group of 30 residents and fellows, who prepare by reading several key articles and attend seminars by leaders in public health and health policy. For example, State Senator Holly Mitchell gave the keynote address and answered questions.



The residents also work in groups to apply policy analysis to real-world challenges by completing and presenting a capstone project in health policy. Research mentors from the RAND Corporation provide one-on-one guidance during the two weeks. Theresa and her group focused their policy discussion on homelessness, providing realistic solutions to ending homelessness for Los Angeles families.

The seminars are complimented by several site visits to state and local health policy sites. These excursions included the Los Angeles Department of Public Health, Twin Towers Jail, Venice Family Clinic, Los Angeles LGBT Center, RAND Corporation (with are very own Dan Waxman MD PhD), Homeboy Industries, Violence Intervention Program, and Housing for Health & Skid Row Housing Trust.

Per Theresa, “This elective is essential for anyone who is interested in becoming a public health advocate at a city, state, or national level, but particularly those interested in staying in California. The caliber of the daily speakers and community site visits were impressive. Physicians are often frustrated at the barriers present preventing them from becoming local leaders and advocates in policy; this course helps to break down such barriers and empowers residents to take the lead.”



SAEM 2018 in Indianapolis

A number of faculty, fellows, and a resident and medical student presented at SAEM this year. Many presented research and didactic sessions on projects the IDHEAL group has been working on and advocacy.

UCLA National Clinician Scholar Program Fellow Shaw Natsui presented his research abstract, "Assessing Emergency Department Guideline Concordance and Outcomes," at the plenary session.

IDHEAL members Dennis Hsieh, Breena Taira, Shamsher Samra (2017), and Todd Schneberk delivered lectures and a panel discussion, "Undocumented Emergency Department Patients: We Can Do Better."

Todd Schneberk presented an oral innovations session describing his quality initiative with the Wellness Center, connecting vulnerable undocumented patients at the county hospitals in Los Angeles with resources.

Kyle Ragins presented about his advocacy work at two sessions, an IGNITE session and an oral innovations.

UCLA medical student Nanse Mendoza presented a research abstract for work she completed with Breena Taira and Caleb Canders (2016).

Natasha Wheaton, Richelle Cooper (1998), and Greg Hendey (1993) met medical students looking at residency programs and residents looking at our fellowship programs at the residency and fellowship fair.

Of course, it was also great to catch up with several alumni at the meeting. Parveen Parmar (2008) and Kelli O'Laughlin (2007) were part of a panel of researchers lecturing on challenges and solutions to data collection in humanitarian settings.



Knowledge of and barriers to learning CPR differ between English and Spanish speakers

Nanse Mendoza, MSIV^{1,2}; Caleb Canders, MD^{2,3}; Eva Gonzalez²; Breena Taira MD, MPH^{2,3}

(1) Charles R. Drew University of Medicine and Science; (2) David Geffen School of Medicine at UCLA; (3) Department of Emergency Medicine, Olive View-UCLA Medical Center



Women in EM



Women in EM had an outstanding year! This year we gathered three times for venting, inspiration, and mentorship. In the spring, we hosted women faculty, residents and alumni from the our program, as well as the USC program and the Harbor UCLA program. We hope participating in this group empowered everyone to embrace the unique role you have as a woman in emergency medicine and gave you the tools and support you need to reach for your personal and professional goals. Sharing our unique experiences as Women in Emergency Medicine also brought us closer with our colleagues across town; as far as I'm aware, this is the only program apart from the "All-LA" educational conferences to bridge the three programs in such a concrete way. Tabitha Cheng (2018), Andie Takemoto (2018) and Allison Ferreira (2018) were the amazing organizers who helped make all of this happen, organizing the meetings, charity drive, and creating the logo and ordering shirts/sweatshirts - EMpowered women empower women. For those who missed out, we will have another ordering opportunity this year.

We want to extend a HUGE thank you to Greg Hendey (1993) for supporting this group financially, and for supporting women on our faculty and in leadership positions in our department. We also need to thank the Harbor UCLA and USC

contributions to the financial support for the meeting, and to Lynne McCullough (1998) for hosting at her house.

In addition, we need to thank each and every one of you for participating as mentors and confidants, and for sharing your personal experiences, triumphs, and challenges.

Thanks to everyone's generosity, at our final All-LA event, approximately 65 articles of interview-appropriate professional clothing, accessories, and new cosmetic items were donated to Dress for Success Worldwide - West.

We look forward to future events in the coming academic year, and many of us will be going to FIX2018 conference (**feminem** idea exchange) in New York October 16-18, where we hope to see many alumni.



All LA Conference May 2018

Our program hosted the All LA conference this spring. The conference, started by 2008 chief residents Adam Landman, Parveen Parmar, and Eric Snyder, occurs twice a year with the host rotating among the Los Angeles based EM residency programs. This spring Pam Dyne (1995) organized a program highlighting the management of pain and the controversies and questions about the opiate crisis. Several alumni came to lecture including palliative care fellowship trained Carin Van Zyl (2006), and Jerry Hoffman (1979). Residents from all three programs, including Jess Oswald (2018) and Randy Lee (2020), as well as faculty from our program, including Pam Dyne (1995) and Maureen McCollough (1994), discussed non-opioid alternative pain treatment strategies. David Schriger moderated research abstracts presented by Mike Menchine (2004), UCLA research fellow Todd Schneberk, and UCLA medical student Joseph Friedman. We also had additional guest speakers to discuss CalACEP initiatives and ED suboxone initiation programs. It was a great educational experience and we also had several alumni in the audience, including Reza Danesh (2008), Mark Brown (1988), Mel Herbert (1995), and Dan Katz (2004).



Alumni Visiting Lecture at UCLA

This spring we had alumni guest lectures Chuck Pozner (1995) - "Necessary Fallibility: It's Alright to be Human", Michael Casner (2017) - PrEP, and Allison Santi (formerly Cousineau - (2005)) - Human Trafficking.



ALUMNI - Come teach at our conferences: If you will be in Los Angeles and want to lecture at one of our conferences, or teach a small group, email Richelle Cooper (1998). ([Richelle](#))



MTM Humanism award winners included resident Adam Evans and research fellow Todd Schneberk.



We are indebted to all the contributions of the 2018 chief residents, Tabitha Cheng, Adam Evans, Allison Ferreira and Brian Truong.



The ultrasound award of the year - the Golden Probe - went to incoming ultrasound fellow Andie Takemoto.



The class of 2018 is staying close to home

- Tabitha Cheng** - EMS Fellowship at UCSD
- Alexandra Dyer** - Centinela, Kaiser Downey, and locum tenens
- Brandon Endo** - Wilderness Fellowship at UCLA Emergency Medicine
- Adam Evans** - Medical Education and Simulation Fellowship at UCLA Emergency Medicine
- Allison Ferreira** - Critical Care Fellowship at UCLA
- David Kim** - St. Josephs in Burbank and Kaiser Orange County
- David Morales** - Administration Fellowship with EMA

- Jess Oswald** - Pain Management Fellowship at UCSD
- Sneha Shrestha** - Lawrence General Hospital and North Shore Union Hospital in Boston
- Andie Takemoto** - Ultrasound Fellowship at UCLA Emergency Medicine
- Maria Tamborski** - Los Robles, Kaiser West LA, and St. Johns in Santa Monica
- Brian Truong** - Antelope Valley and Los Robles
- Jake Wilson** - Antelope Valley, Kaiser Panorama City, and locum tenens

Say Goodbye to the Fellows of 2018



Jamie Bell completed his Clinical Informatics (CI) Fellowship at UCLA and will be joining our faculty group at Reagan full-time as an Assistant Clinical Professor. During his first year of fellowship, he co-founded and served as Vice President for the Association of Clinical Informatics Fellows (ACIF) which is a national organization that cultivates collaboration, career development, and scholastic endeavors for CI fellows nationwide. He was subsequently elected as ACIF President his second year, during which time he successfully facilitated a merger between ACIF and the American Medical Informatics Association, established a formal relationship with the Community of CI Fellowship Program Directors, and directed highly educational virtual case conferences open to all CI fellows on a monthly basis. These opportunities afforded him the opportunity to attend multiple CI conferences as a guest speaker and serve on CI conference planning committees. Regarding his role in UCLA Health IT, he

has led and meaningfully participated in a wide variety of operational and educational CI projects for both the UCLA RR ED and UCLA Health Enterprise at large. After fellowship, he will join the Physician Informaticist Group and also consult for Google AI Healthcare part-time as a medical specialist.

Carl Berdahl completed fellowship in the National Clinician Scholars Program at UCLA in June 2018, and he has accepted a research faculty position at Cedars-Sinai, where he will be active clinically. Additionally, he will continue working on health policy and research projects at the RAND Corporation, and he will have teaching responsibilities in the UCLA Department of Emergency Medicine. During fellowship, Carl conducted a multi-institutional study examining the accuracy of emergency physician documentation. He also developed broader experience in the area of healthcare quality by performing qualitative research related to primary care physician experiences under Medicare's Merit-Based Incentive Payment System. Because he researches how federal policies impact on the provision of healthcare, he interned for the US Department of Health and Human Services Office of the Assistant Secretary of Planning and Evaluation for six weeks, which allowed him to present his research directly to policymakers and gain practical experience with the policymaking process.



Todd Schneberk completed the UCLA Research Fellowship and will be returning to Emergency Medicine at USC and LA County Dept of Health Services as an Assistant Clinical Professor and Assistant Program Director. During his fellowship he participated in the ACEP Inventing Social Emergency Medicine Conference, International Conference of Emergency Medicine, Dissemination and Implementation Science Conference, Academy Health, WRSaEM regional conferences, Beyond Flexner, and SAEM conferences. He will be continuing his research, advocacy and work to address disparities for vulnerable populations and continuing to work with IDHEAL members at UCLA and the ACEP and SAEM Social Emergency Medicine sections. He will also be trying to extend his tenure as Schriger's adopted son and protégé as long as allowed. He is incredibly grateful for his time and experiences at UCLA, feels lucky to have interacted with each and every one of you, and hopes you feel free to reach out if you come across any chance to collaborate or just grab a beer, despite his transfer to the evil empire.

Jen Roh completed her AV/UCLA Administration Fellowship this June, and starting this July she will be an Associate Medical Director and Assistant Clinical Professor at the UC Irvine Emergency Department. During fellowship she was involved in sepsis quality improvement initiatives, medical malpractice case reviews, patient safety case studies, reviews of mid-level provider performance and clinical decision making, as well as a pediatric head trauma research project. She has also been involved in the Women in EM gatherings and particularly enjoyed moderating a panel discussing the challenges of negotiating. She was engaged earlier this year and she will be getting married this August. Although she will miss UCLA she is looking forward to all the new changes starting this summer.



Cat Weaver (2017) completed her VEP-UCLA Administration Fellowship and will be continuing with both VEP at White Memorial Medical Center and UCLA. She has an invitation to join the VEP Quality Committee. During her fellowship she helmed an outpatient VTE pathway and was instrumental in rolling out an Outpatient VTE Study that is currently enrolling. She has developed a curriculum to educate UCLA residents about charting and billing, including interactive sessions at Intern Bootcamp. She is working closely with the VEP VP of Quality to develop best practice care plans for many of the chief complaints and conditions we treat in the ED to distribute to the 1000 VEP providers. As part of her fellowship she attended the ACEP Medical Director Conference in Dallas. She is looking forward to getting some travel in now that she is finished with fellowship and is training for a half marathon in the fall. She's currently in the contemplative stage of taking on a full marathon.

Meet the Incoming Fellows

Adam Evans (2018) - Medical Education and Simulation Fellow

Adam will be staying on as our Medical Education and Simulation Fellow and will be working at both UCLA and Olive View. Adam grew up in Southern California, went to college at UC Riverside, and completed medical school across the street at UCLA. It was right here at UCLA where Adam met his to-be wife, Anita, who will be supporting him by working at UCLA in Family Medicine while he plays in the sandbox for another year! Adam hopes to hone his skills as an educator by working closely with residents both in conference and at the bedside. He hopes to continue his work in education research by offering residents bribes in exchange for free labor.

Interesting fact: Prior to matriculating into medical school, Adam worked on getting his pilot's license, something he hopes to complete in the future. Don't worry, he won't ask you to fly with him anytime soon!

Advice to Residents: Enjoy this unique time in your life, as residency flies by and you will be out on your own soon. Work as hard as you can so that you can play as hard as you can, and life will reward you. See you in the ED!



Brandon Endo (2018) - Wilderness Medicine Fellow

Brandon Endo will be staying on as our first Wilderness Medicine Fellow and working at UCLA and Santa Monica. He grew up in Dillon Beach, California, a small town with a single restaurant and a trailer park. Afterward, he attended UC Berkeley for undergrad and UCLA for medical school where he stayed for residency as well. The only way to do a wilderness fellowship in Los Angeles is by getting out of Los Angeles. Brandon has several trips and courses, from Alaska to Antarctica,



planned for the upcoming year to improve on survival and improvisational medical skills. He enjoys fishing and backpacking among other outdoor activities. Over the next year, he hopes to contribute to the environmental and wilderness exposure of the residency program.

Allison Caponetti Ferreira(2018) Critical Care Fellow

Allison Ferreira will be staying on for two years as our critical care fellow and working clinically at Antelope Valley hospital. Allison grew up on the East Coast and has slowly migrated westward throughout her training. She is excited to join the Anesthesia critical care team at UCLA where she will be primarily caring for patients in the CTICU and SICU. In the first week she has already had the opportunity to place swans, bronch, and place a lumbar drain. She is working with Sara Crager (2015) on various bad ass ICU research and administrative projects. She will also be continuing to co-lead the Emergency Medicine Critical Care Interest Group with Sara.



When she is not at the hospital, you can find her rock climbing and trying to keep Earl, Pearl, Edgar, and five other cacti alive.

Meet the Incoming Fellows

Hemang Acharya - IDHEAL Fellow

Hemang is joining UCLA as the new IDHEAL fellow. IDHEAL stands for “International Health Equity and Leadership,” and with this fellowship he will be working on addressing the social, economic, environmental, and legal determinants of health through educational programs in academic medicine and partnerships with community-based organizations. Specific areas of interest include international EM, population health, migrant/refugee health, and social EM.

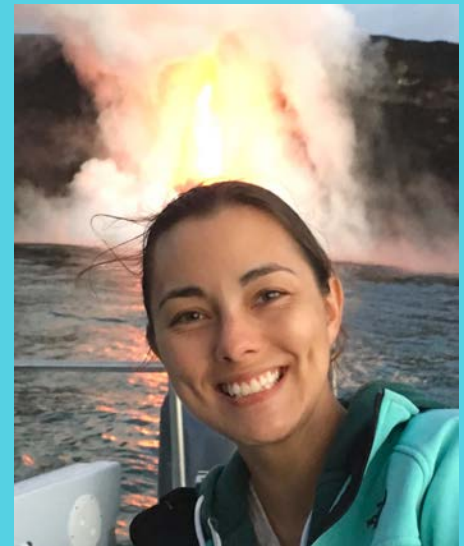


He comes from the suburbs of Boston, MA and is a New England Patriot apologist. After completing undergrad at Boston University and medical school at UMass, he had enough winter and completed residency at Harbor-UCLA. He has done international work in Sierra Leone and Costa Rica. Fun fact: Hemang went to over 65 concerts during residency and can/will talk about hip hop for hours. Looking forward to meeting everyone!

Andie Takemoto (2018) - Ultrasound Fellow

Hometown: Kaneohe, Hawaii
Undergraduate and Medical School: University of Hawaii
Residency: OV-UCLA Emergency Medicine

Andie is thrilled to be staying on after graduation as the emergency ultrasound fellow. She credits her interest in ultrasound to the mentorship of Ricky Amii, former ultrasound faculty member and fellow JABSOM grad. She is excited to join the ultrasound family at UCLA, where she will be working on an ultrasound literature compendium, as well tackling the hurdle of point-of-care image review at both hospitals. In a bid for the Golden Olive teaching award, she has been carefully planning her night shift snack offerings, and she plans to be very active in scan shifts and resident electives (i.e., recruiting residents to work in Alan Chiem’s woodworking workshop/sweatshop so she doesn’t have to!).



Interesting fact: a true island native, Andie’s first job was at a shave ice stand in Waikiki. Ask her for insider secrets on all types of frozen desserts.

Meet the Intern Class of 2022

Name: Haig Aintablian

Undergraduate School: USC – BA, Biological Sciences

Graduate School: USC – MS, Molecular Genetics and Biochemistry

Medical School: University of Arizona, College of Medicine - Phoenix

My hidden talent is: I'm a pretty good photographer!

When not in the hospital I'm most likely: At home eating or out off-roading.

The greatest meal I ever had was: My mom accidentally deep fried these Armenian bouregs she had made (bouregs are these cheesy puff-pastry snacks) and I think I transcended into heaven for a few minutes.

I could not live without my: Mom's cooking (see a trend here)?

I'm really looking forward to the live theater scene when I am in Los Angeles!

If I were running for office my campaign slogan would be: "Trust me, I'm a doctor"



Name: Michelle Emiko Brennan

Undergraduate School: Arizona State University—Go Devils!

Graduate School: Rosalind Franklin University

Medical School: The University of Arizona College of Medicine-Phoenix

Before Intern year you can find me: Probably wandering around Whole Foods, cooking, reformer pilates, practicing yoga, watching basketball and hockey, watching HBO/Netflix/any crime show, visiting dog parks even though I don't have a dog, and spending time with my boyfriend and family.

My hidden talent is: Tap dancing.

The greatest meal I ever had was: Blue Ribbon sushi at The Cosmopolitan in Las Vegas

I could not live without my: Unsweetened green iced tea from Starbucks.

I'm really looking forward to exploring the different neighborhoods of Los Angeles, trying new restaurants, Lakers games, the beach, becoming an expert parallel parker, being able to spend more time with my nieces, and getting to know my co-residents(!) when I am in Los Angeles.



Name: Ignacio Calles aka Iggy aka Nacho

Undergraduate School: University of Saint Thomas

Medical School: NYU School of Medicine

Before Intern year you can find me: enjoying my last few weeks of NYC food and dancing.

My hidden talent is: rapping. I made a few mixtapes when I was a kid.

When not in the hospital I'm most likely: trying to find a new favorite salsa club, motorcycling around SoCal, or playing videogames.

I could not live without my: laptop, unfortunately.

I'm really looking forward to never dealing with another blizzard when I am in Los Angeles.



Meet the Intern Class of 2022

Name: **Genie Como**

Undergraduate School: **University of Southern California**

Medical School: **Tufts University School of Medicine**

Before Intern year you can find me: **Spotting birds and critters in the Amazon rainforest and exploring the coasts and mountains of Peru!**

When not in the hospital I'm most likely: **Catching up on an excessive number of TV shows.**

The greatest meal I ever had was: **Eating pici (basically fat spaghetti) in Tuscany.**

I could not live without my: **Car. I learned in Boston that public transportation is not my forte.**

I'm really looking forward to **getting back in touch with my Korean food roots when I am in Los Angeles!**



Name: **Alex Daguanno**

Undergraduate School: **University of Michigan - Ann Arbor**

Medical School: **Emory University School of Medicine**

Before Intern year you can find me: **Wandering the streets of Atlanta, searching for the best places to eat or grab a local beer.**

My hidden talent is: **I've been told I'm great at whistling.**



When not in the hospital I'm most likely: **Outdoors/ at the beach, or binge-watching Netflix.**

The greatest meal I ever had was: **Iberian pork ribs at this quaint little tapas restaurant in Barcelona.**

I could not live without my: **MoviePass - probably the best purchase I've made in years.**



Name: **Elizabeth "Lizzie" Ferreira**

Undergraduate School: **University of California, Irvine**

Medical School: **University of Hawai'i, John A. Burns School of Medicine**

Before Intern year you can find me: **tan, in-shape (more than usual), and without dark circles under my eyes.**

My hidden talent is: **I speak Mandarin fluently.**

When not in the hospital I'm most likely: **at the beach.**

The greatest meal I have ever had is: **anything my Nabu (grandmother) makes.... except maybe Western food, somehow it always ends up tasting like Chinese food anyway.**

If I knew I could not fail I would: **travel the world as a renowned landscape photographer... or a famous chef.**

I'm really looking forward to **making new friends, and reconnecting with my old friends when I am in Los Angeles.**



Meet the Intern Class of 2022

Name: **David Haase**

Undergraduate School: **University of Texas at Austin**

Medical School: **UCSF**

Before Intern year you can find me: **Traveling around Asia.**

When not in the hospital I'm most likely: **Trying to surf/climb/mountain bike or watching TV.**

The greatest meal I ever had was: **Two double doubles at In-n-Out after a long bike ride.**

I could not live without my: **Sunscreen... and family/friends.**

If I knew I could not fail I would: **Go to Mars (and come back, like Matt Damon).**



Name: **John Keller**

Undergraduate School: **Brandeis University**

Medical School: **University of Pittsburgh School of Medicine**

My hidden talent is: **Competitive Super Smash Bros.**

I'm really looking forward to: **Spending time with friends and family again when I am in Los Angeles.**



When not in the hospital I'm most likely: **At a concert, sleeping, or going out to eat.**

The greatest meal I ever had was: **Tough to choose just one, but currently I'm most craving Din Tai Fung (dumpling house chain in LA).**

I could not live without my: **Friends, family, and the internet (?)**



Name: **James (Jimmy) Murphy**

Undergraduate School: **Yale College**

Graduate School: **Yale School of Public Health**

Medical School: **Icahn School of Medicine at Mount Sinai**

Before Intern year you can find me: **At the beach or babysitting my mom's two chihuahuas.**

My hidden talent is: **I have reverse tear ducts, so I can blow bubbles out of my eyes when underwater #captainamerica #aquamen ͇(ツ)͇**

When not in the hospital I'm most likely: **Ideally looking at the ocean, more realistically overthinking mundane purchases.**

The greatest meal I ever had was: **Miya's Sushi, New Haven, CT**

I could not live without my: **friends.**

If I knew I could not fail I would: **skydive frequently.**

I'm really looking forward to **exploring new neighborhoods** when I am in Los Angeles.

If I were running for office my campaign slogan would be **"I know I sound sarcastic, but I swear I'm being sincere, it's just the tone of my voice..."**



(* Not my baby)

Meet the Intern Class of 2022

Name: **Anna Nguyen**

Undergraduate School: **UC Berkeley (GO BEARS!)**

Medical School: **Kansas City University of Medicine and Biosciences**

Before Intern year you can find me: **Eating my way through Vietnam and Thailand.**

When not in the hospital: **I'm most likely at a concert.**

I could not live without my: **Tapatio.**

If I knew I could not fail: **I would be a musician.**

I'm really looking forward to **al pastor tacos** *when I am in Los Angeles.*



Name: **Chelsea Robinson**

Undergraduate School: **University of Maryland College Park**

Medical School: **The George Washington School of Medicine and Health Sciences**

Before Intern year you can find me: **Hiding in the backcountry of national parks in the Southwest US.**

My hidden talent is: **I'm a pretty good barista - I have an espresso machine at home and I can make some pretty delicious lattes.**



When not in the hospital I'm most likely: **Rock climbing.**

The greatest meal I ever had was: **Homemade Gnocci bolgonese in Tuscany, Italy.**

I could not live without my: **Caffeine!**

If I knew I could not fail I would: **try base jumping.**

I'm really looking forward to **spending time in the ocean** *when I am in Los*



Name: **Hannah Spungen**

Undergraduate School: **University of Rochester**

Graduate School: **Tulane University School of Public Health & Tropical Medicine (MPH combined degree)**

Medical School: **Tulane University School of Medicine**

Before Intern year you can find me: **Googling earthquake survival tips.**

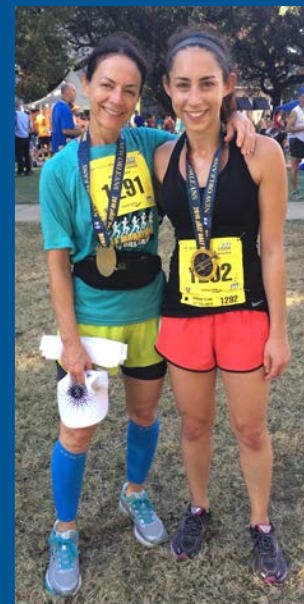
My hidden talent is: **Playing the cello. 'Hidden' because the talent is not readily appreciable from listening to me play.**

When not in the hospital I'm most likely: **Quilting or running (slowly).**

The greatest meal I ever had was: **My late Granny Norma's challah bread.**

If I knew I could not fail I would: **Train my cat (Kristofferson) to walk on a leash. Unfortunately, I have already failed at this.**

I'm really looking forward to **privately gloating over the weather while the rest of my family is suffering through yet another soul-rending Chicago winter** *when I am in Los Angeles.*



Meet the Intern Class of 2022

Name: **Peter Treut**

Undergraduate School: **Georgetown**

Medical School: **UCLA**

Before Intern year you can find me: **Only if you're determined and don't mind a bit of travel.**

My hidden talent is: **Breakfast.**

When not in the hospital I'm most likely: **in/on the ocean or drying out in the sun.**

The greatest meal I ever had was: **The first bowl of millet couscous after harvest, when everyone had enough to eat again.**

I could not live without my: **Memories of loved ones.**

If I knew I could not fail I would: **jump off the Chrysler Building and fly.**

I'm really looking forward to **finding the perfect chocolate ice cream** when I am in Los Angeles.

If I were running for office my campaign slogan would be: **"The Golden Rule is Back."**



Name: **Ashley Vuong**

Undergraduate School: **Penn State University**

Medical School: **Temple University**

Before Intern year you can find me: **in Thailand!**

When not in the hospital I'm most likely: **Potentially at the gym, but probably on a couch.**

The greatest meal I ever had was: **A late-night ham & cheese sandwich in Paris.**

I could not live without my: **Cat... maybe my husband too, but mostly my cat.**

I'm really looking forward to **eating my way through life** when I am in Los Angeles.

If I were running for office my campaign slogan would be: **"There's nothing we can't do if we work hard, never sleep, and shirk all other responsibilities in our lives." – Leslie Knope**



Name: **Anna Yap**

Undergraduate School: **UC Berkeley**

Medical School: **Loma Linda University School of Medicine**

Before Intern year you can find me: **Traveling around, doing advocacy work!**

My hidden talent is: **Making really great duck noises.**

When not in the hospital I'm most likely: **Looking for farmer's markets or playing games with my buddies!**

The greatest meal I ever had was: **Commis in Oakland, just as it was getting popular. The coolest molecular gastronomy at its price point - full of fun surprises!**

I could not live without my: **Sense of wonder.**

If I knew I could not fail I would: **Do exactly what I'm doing now :)**

I'm really looking forward to **Finding underground food spots and hidden gems of the city!** when I am in Los Angeles.

If I were running for office my campaign slogan would be: **Let's just take care of each other!**



Bootcamp and Intern Orientation

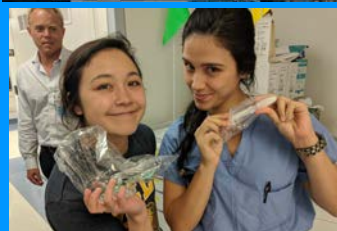
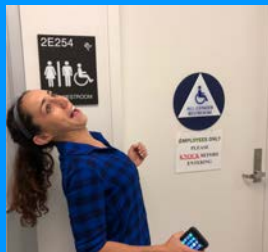


Day 1 Mark Morocco (2001) teaching the new interns an introduction to emergency medicine. Don't worry he is not choking Haig or showing the interns how we give feedback, he is demonstrating the perfect jaw thrust. At least that is what Mark said.

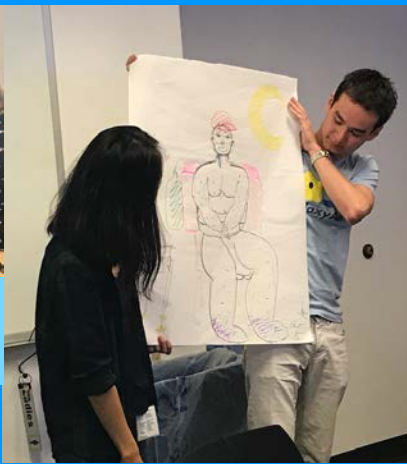


Thanks to David Schriger and family for hosting the intern barbecue!

Interns on Scavenger Hunts



Bootcamp and Intern Orientation

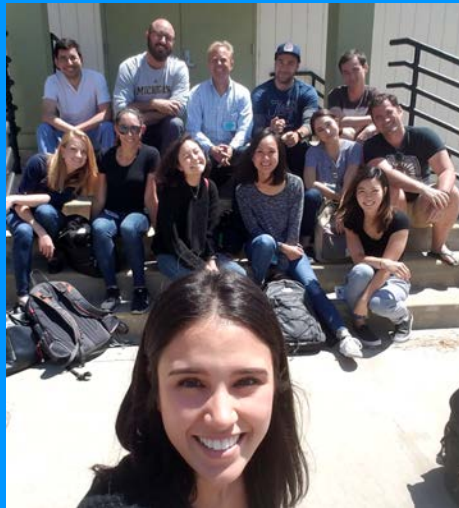


Learning about dyspnea and the artistic talents of the class of 2022.

The UCLA white coats - Class of 2022 don't lose those, you have to return them in 4 years after never wearing it.



Ready for fit testing - thanks OSHA!



Growing Families - Congratulations to Everyone!



Randy (2020) and Carrie Lee, and big sister Dakota welcomed Austin William Lee.



Maria Tamborski (2018) and Michael Nie got married!



Andy Grock, his wife Shira and big brother Eli are enjoying time and lack of sleep with new addition Gabriella (nicknamed GG).

Alumni Baby News

(Maybe future legacy residency applicants?)



Ashkan and Yalda Akasheh (2015) are busy with Ashton Kian.



Brian and Elisa McNamara (2015) and welcomed Greyson Lee.



David Bernheimer (2010) and his wife Jackie are joined by baby girl Hannah.



Meet Hazel Wainn Fossati - Congratulations to Marco Fossati-Bellani (2016) and wife Lauren.



Steph Machi (2014) gave birth to Landon in January, and he is already a very avid peek-a-boo fan, and sleeping through the night.



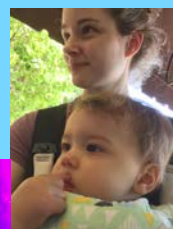
Kit Chang (2016) and wife Veronica, along with big sisters Kylie and Kora just welcomed a baby boy - Trevor Coltun.



John Meher (2010) and Maya Kido (2013) gave birth to Cal Raiden.

Resident Updates

Class of 2021: For intern week (the week off between r1 and r2 year) most of the class - Jessa Baker, Claudie Bolduc, Theresa Cheng, Nate Friedman, Cameron Harrison, Caroline Humphreys, Daniel Ichwan, Ryan Kunitake, Matt Levin, Naseem Moridzadeh, and Kevin Wroblewski went to Cabo together. Tom Akie, Jason Singer, and Ryan Dollbaum went to Yosemite, while Danielle Antonuk spent some quality time at home with her husband and daughter Matilda who at 15 months old is officially a toddler.



Class of 2020: Aws Al-Abdullah is looking forward to going to Tulum this August for his best friend's wedding...Annum Bhullar moved to Ocean Park and is now neighbors with classmates Randy and Jackie (moving is a common theme this time of year)...Steven Bolger rode a mule and went zip lining in Puerto Vallarta... Tyler Haertlein is traveling to Carmel Valley and Big Sur before coming back to find a new apartment with air conditioning...Vanessa Kreger went on vacation to Edinburgh, the Scottish Isles, and London...Jacqueline Kurth is on vacation in southeast Asia, we are not exactly sure where as she is not here but we will check in with her in the next newsletter...Randy Lee is busy being dad with team defense



now that he and Carrie have Dakota and Austin to look after...Ale Lewis and wife Hannah Wallace (2019) are going to London, England, Marrakech, Morocco and Portugal... Teri Miller bought a fancy new backpack for work...Varun Shahi traveled to Whistler and Vancouver, and he also moved apartments to the Santa Monica area...Luiz Souza-Filho, Greg Tong, and Teri Miller moved in to an amazing apartment half a block from the beach! (Thanks to Jake and Josh's housing stipend efforts)...Cate Yaggi went to Colorado last week, and she recently became an aunt.



Class of 2019: Josh Baugh moved into a new apartment (a theme that repeats)...Maria Conrath thoroughly enjoyed her vacation in Paris and the south of France...Li Cui completed the hyperbarics elective including a trip out to the chamber at Catalina...Adam Gruner's wife Lindsey just finished her pediatric residency and they took vacation by driving up the coast of California... Brit Guest went on a backpacking trip in the Sierras...James Jiang moved to Monterey Park into a bigger place for his growing family (he and wife Christine are expecting another daughter just as their first, Melanie is turning 2...Kellie Kitamura has been busy running intern boot camp...Jake had dinner at Adam Perry Lang's new restaurant and diagnosed his friend with C. diff while they enjoyed French onion



soup...Jason Lu moved to Century City and just moved in with his girlfriend (of 10+ years) ...Mike Merjanian completed his toxicology rotation at St. Thomas Hospital in the UK and took some time to see Wicked while in London...Kyle Ragins' wife Isabel completed residency and they moved to the west side, sadly losing their hipster street cred living in Silver Lake...Matt Rosen rowed 1 million meters on his ergo rowing machine last year, good thing he got a portable AC unit before the heat wave...Hannah Wallace bought a Peloton and loves taking spinning classes at home.



KUDOS to Our Amazing Faculty, Residents and Alumni



Congratulations to Antelope Valley Emergency Medicine Associates partner **Michael Gertz** on being elected to the California ACEP Board of Directors. Additional congratulations to **Reb Close (2003)** who was re-appointed to her position on CalACEP's Board of Directors this year as well.



Kyle Ragins (2019) was elected to the board of California AAEM. He also holds other leadership positions as he was named to the Board of Directors of the National Physicians Alliance, is EMRA National Health Policy Vice Chair, and is the Communications Director for the Beyond Flexner Alliance.

Alan Chiem was elected to the board of the Society of Clinical Ultrasound Fellowships (SCUF), which is like CORD for ultrasound fellowships. This is a great honor, with only ten people nominated based on nationwide voting of US faculty. SCUF is working on some big issues this year for the EUS/POCUS community, including fellowship accreditation and subspecialty certification, as well as entering the NRMP Match for this upcoming year.

Theresa Cheng (2021) published an online procedural chapter on thoracentesis on CEMRO (California Emergency Medicine Resident Organization), and has co-authored a chapter with Lillian Gelberg, Elizabeth Moore, and Roya Ijadi-Maghssoodi on Homelessness in the textbook "Social Justice and Public Health."



Jo Feldman once again was the medical director for the AIDS/Life Cycle (formerly AIDS Ride). The June 3-9 ride from San Francisco to Los Angeles was the 25th year for the ride to raise money, awareness, and inspire. **Mike Casner (2017)** came in from Chicago to help out as volunteer medical staff.

Jason Lu (2019) gave a talk and headed a physician Q&A session with this year's UCLA Pre-Med Summer Scholar Program, discussing how to get into medical school, life as a medical student, the specialty of EM, training as a resident and balancing those endeavors with life in general to a select group of high school students from around the country.

More Kudos



Andie Takemoto (2018) and Ricky Amii teaching ultrasound to the students of JABSOM in Hawaii.

The UCLA Ronald Reagan | Olive View Faculty Teaching Award created in 2013-2014 recognizes exemplary involvement in resident education, both at the bedside and through participation in didactic sessions. The faculty who received the most resident votes for the 2017--2018 UCLA/Olive View Faculty Teaching Award – 2nd half are:

Dan Weingrow at UCLA & **Sabrina Tom (2015)** OVMC

Congratulations to these amazing teachers!

Vanessa Franco (2017) presented her research work at several conferences this spring. At the American medical Society for Sports Medicine (AMSSM) in Florida this April she presented a poster describing "Shoulder Pain in a Recreational Basketball Player." Then in May she had several presentations, first at the American College of Sports Medicine (ACSM) in Minneapolis, Minnesota, where she had a podium presentation of "Seizure - Running," and then a poster presentation of "NSAIDs, Sex, and Outcomes after Achilles Tendon Rupture," at the UCLA Multi-Campus Research Forum and Kaiser Research Day. She won first place in the Original Research category for her poster presentation at the Kaiser Research Day.



David Schriger has been named an Associate Editor for JAMA, and continues as deputy editor at Annals of Emergency Medicine.

Haig Aintablian (2022) was named as one of the 2018-2019 AAEM Resident Student Association Board of Directors.

Kellie Kitamura (2019) authored two online procedure chapters for CEMRO (California Emergency Medicine Resident Organization), one on eye irrigation, and another on placement of a suprapubic catheter.

Brandon Endo (2018) presented his research on the "Incidence of PFO in Fisherman Divers of the Yucatan Peninsula" at the Undersea and Hyperbarics Annual Scientific Meeting June 28-30 in Florida.



Breena Taira, Aristides Orue, and Luis Lovato (2001), all members of the [IDHEAL section](#) of UCLA Emergency Medicine, were invited speakers at the International Conference on Emergency Medicine in México City in June of this year. Luis Lovato discussed "La Vía Aérea Difícil" (The difficult airway); Aristides Orue - "Triaje de Pacientes en Masa" (Mass Casualty Patient Triage); Breena Taira - "Proyecto SEMILLA" ([Project Semilla](#)).

More Kudos

Brandon Endo (2018) kicked off his “wilderness fellowship” with classmate **Brian Truong (2018)** and **Matt Waxman (2007)** in Kenai, Alaska.



Jacob Lentz (2019) completed the orthopedic children’s elective downtown at OIC, and the attending, Dr. Avoian, was so impressed he gave Jake a bottle of 100 proof apricot vodka, which they shared over Thai food and a discussion of the meanings of *The Master and Margarita*.



The Aerospace Medical Association (AsMA) Annual Scientific Meeting, May 2018 in Dallas, TX, and we had two residents present, **Varun Shahi (2020)** and one of our new interns **Haig Aintablian (2022)**.

Aintablian HK, Fleischer J, Brunstetter T, Tarver W. Spaceflight Associated Neuro-ocular Syndrome : A Potential Mechanism Explaining the Unilateral Tendencies.

Shahi V, Reyes D, Scheuring R, Kerstman E. Developing a Minimum Fitness Standard for NASA Astronauts During Spaceflight.

Andy Grock joined CORD's Resiliency committee and has joined the Foundations of Emergency Medicine Faculty.

Aws Al-Abdullah (2020) recently completed his yearlong hospital resident informatics program. He presented his project on Emergency Department Haiku/Canto Optimization at the Resident Informaticist Symposium. He will be helping roll out the exciting new features for use in the ED by late July.

Dan Waxman travelled to the suburbs of Washington, DC to review federal grant proposals as a member of the Healthcare Safety & Quality Improvement Research study section for AHRQ (Agency for Healthcare Research and Quality). Each study section member is assigned specific grants to review and summarize for the group, and then each member scores each proposal, and for the most part the grants with the highest scores receive funding. The grant proposals relate to identifying risks and hazards that lead to medical errors and identifying solutions to prevent patient injury associated with delivery of health care.

More Kudos



EMRAP live June 29 - **Greg Hende**y (1993) covered many ortho topics including a segment on hip dislocation, and a journal club on his recent publication on selective pre-reduction radiographs in shoulder dislocation article that just came out.

The band has a gig. Come see the residency band Gravely Disabled - **Greg Hende**y (1993), **Greg Moran** (1992), **Pam Dyne** (1995), **Luis Lovato** (2001), **Jo Feldman**. They will be playing during the closing reception of the Cal-ACEP ADVANCED meeting in Marina Del Rey on Friday September 7, from 4:30 - 5:30 pm.



Rumor has it there may be a top secret performance by the renowned local rockers on Oct 1st in San Diego during the ACEP meeting! Details are still trying to be worked out, so more to come.

Alumni - Are you coming to ACEP? We look forward to seeing many of you!

ALUMNI RECEPTION OCTOBER 2nd, 2018 at 6pm

Look for the save the date email from Gabrielle Stolwyk and more information on location coming soon.

Are you planning your conference schedule? [See UCLA faculty lecturing at ACEP:](#)

Fred Abrahamian, Rebecca Bavolek, Luis Lovato (2001), and Breena Taira

[See UCLA Alumni lecturing:](#)

Jerry Hoffman (1979), Craig Goolsby (2008), Jeff Tabas (1998) and former APD Eric Silman

[Come to the EM:RAP Live event.](#) **Alumnus Mel Herbert (1995)** is bringing EM:RAP to ACEP on Wednesday October 3rd.



Shout Out to Alumni

Congratulations to **Steff Brenman (2017)**, whose busy year following graduation included getting married, completing oral boards, buying a new house in Long Beach and winning the USA Hockey Nationals with the team she and her wife Liz play on.



Gus Garmel from Kaiser Stanford recently lectured and provided some great resources to our graduating residents. He recently celebrated his birthday with some colleagues and UCLA alumni **John Takahashi (1984)**, **Swaminatha ("Maha") Mahadevan (1996)**, and **Rich Oh (1998)**.



Congratulations to **Michael Casner (2017)** for completing his administration fellowship with Vituity and becoming medical director at Presence St. Mary's Hospital.



Parveen Parmar (2008) and the group Southern California Physicians for Health Equity (**#SCOPHE**) supporting the Families Belong Together rally in downtown Los Angeles! **#WhiteCoats4FamiliesBelongTogether**

Alumni - Do you have something to share with the UCLA residency and alumni family for the kudos page? Email [Richelle Cooper \(1998\)](#).

More Kudos



The residency continues its legacy of faculty, residents and alumni volunteering to be the camp doctor at the Painted Turtle. Those who have gone will attest to what the organization's [website](#) says "As much as camp is a life-changing experience for the children who attend, it is a powerful and rejuvenating opportunity for the medical staff that cares for them."

Recently Wendy Lin (2002) was there helping the Well Shell Crew. Wendy's kids Breanna and Mason had a great time. Angelique Campen (1999) was also volunteering for an overlapping period of time. Angelique has been giving her time there in the summer for the last 13 years (since it opened). She sums up the experience saying *"It is a pleasure to see kids that often are the only one with their illness in their town come to camp and be just like everyone else! I love to see them blossom!"*



Jo Feldman has also been a regular volunteer at the camp and the medical director of the Annual Tour de Turtle fundraiser. Jo spent the first week of July 2018 at the camp.



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