

# July 2019 - December 2019 Residency & Alumni Newsletter



# **Upcoming Events**

Yosemite Cal ACEP Jan 15-18, 2020 CORD Academic Assembly March 8-11, 2020 Spring Residency Retreat March 17-19, 2020 SAEM Scientific Assembly May 12-15, 2020

	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE
BIRTHDAY	Vanessa Franco January 4 Bill Mower January 16 Nate Coggins January 22 Brittany Guest January 29	Cameron Harrison February 3 Annum Bhullar February 12 Ryan Kunitake February 14 Teri Miller February 17	Jackie Kurth March 2 Tomer Begaz March 9 John Mark Sawyer March 12 Ethan Forsgren & Dong Yao March 26 Anthony Fredericks March 30	Nathan Friedman April 11 Sid Starkman April 13 Caroline Humphreys April 18 Mark Morocco April 20 Luis Lovato April 21 Maureen McCollough, Cate Yaggi & James Murphy April 22 Naseem Moridzadeh April 23 Greg Hendey April 29 Luiz Souza-Filho April 30	Steven Lai May 8 Breena Taira & Aws Al-Abdullah May 10 Micaela Finnegan May 17 Genie Como May 19 Carolyn Sachs May 22 Kellie Kitamura & Steven Bolger May 27 Varun Shahi May 31	Alex Daguanno June 14 Rebecca Bavolek June 22

## Message from the Chair

#### Message from the Chair:

Greetings! We had another great group of applicants to the residency program this year—in fact, over 1,000 of them, vying for 15 spots in our program! Much thanks to our amazing residency leadership, coordinators, and all of our faculty and residents who participated in the many interviews, tours, lunches, and dinners. Again, special thanks to Richelle Cooper (1998) for putting together another terrific newsletter to show what's going on in our program.



I'd like to point out just a few highlights from the past few months:



**Medell Briggs** will be expanding her role at UCLA in 2020. In addition to working clinically in the ED and serving as our departmental Director of Quality, her new role is the Medical Director of Clinical Effectiveness for UCLA Health (for the entire organization).

You've probably noticed that **David Talan (1986)**, infectious disease guru, has been seen around conference a lot lately, and even working some shifts at Reagan. Fortunately, he has decided to stick around UCLA, teaching our residents and students (and faculty), mentoring in research (particularly clinical trials and young investigators), and doing some clinical work—a great benefit for all of us!





Guess who is the second (the first since 2005) and only female Deputy Editor for *Annals of Emergency Medicine*? Our own **Richelle Cooper (1998)!** In her spare time, Richelle will now help to run the #1 journal in our specialty, in addition to continuing as our departmental Research Director. Go RC!

He's Baaaaack! After a long absence, **Mel Herbert (1995)** returns as a Clinical Professor of Emergency Medicine at UCLA (where he belongs). While he continues to expand the EM:RAP empire, he will help us with educational activities and our new AIME (Access and Innovation in Medical Education) fellowship. Welcome back, Mel!





Got Tox? Well now we do. **Michael Levine** will be joining our faculty in March, working clinically at both Olive View and Reagan, and establishing a Toxicology consult service at Reagan. Michael is an accomplished academician with numerous publications and presentations, and will be a great asset to our department. He completed residency at the Harvard Affiliated program, Tox fellowship at Good Sam in Phoenix, and has been on faculty at USC. Please give him a great UCLA welcome.

We also have some amazing new fellows who will be joining us this summer, and five of our current fellows will be returning for a second year of fellowship: **Judy Choe** (VEP Admin), **Brittany Guest** (AIME), **Hannah Janeway** (IDHEAL), **Stephen Villa** (Med Ed), and **Kimon loannides** (National Clinician Scholars Program (NCSP)). Our new fellows include:

**Jesus Torres** (NCSP and IDHEAL). Jesus grew up around Sylmar and was a research associate at Olive View Medical Center in the ED. He went to UCLA undergrad, NY Medical College, Harvard Public Health, then trained in EM at UCSF, and now returns for fellowship. He will work his clinical shifts at OV.

**Max Berger** (Medical Education). Max went to UCLA undergrad, USC School of Medicine, and will finish EM residency at NYU/Bellevue. His clinical shifts will be at the VA, OV, and RR.

**Anna Darby** (NCSP). Anna joins us from Brown undergrad, Mount Sinai Medical School, Harvard Public Health, and USC EM residency. She will work clinically at the VA.

**Kareem Agunbiade** (Ultrasound). Kareem went to Stanford undergrad and U of Chicago medicine. He is an EM resident at Cook County and will work clinically at the VA, OV, and RR.

**Annette Dekker** (Research). Annette attended Princeton undergrad, Northwestern School of Medicine, and is completing her EM residency at U of Chicago. Her clinical work will be at Santa Monica.

Sounds like a pretty impressive bunch. I'm sure you'll enjoy getting to know them and working with them.

Respectfully submitted,

#### Greg Hendey (1993)

Chair, UCLA Emergency Medicine

The <u>UCLA DEM mission</u> is to be a global leader in Emergency Medicine by:

- Providing excellent care to all patients we serve
- Conducting leading-edge research that advances the health of our patients and community
- Training physicians to be innovative and inspiring leaders







# ALL - LA EM Joint Conference September 2019



We continue to have the All-LA conference, a combined EM conference amongst the three Los Angeles residency programs twice a year. The conference hosts and locations rotate to the various sites. This September our program hosted and we had our own version of **SMACC critical care conference.** There was a great turn out! Guest lecturers including alumni Ilene Claudius (2002), Antelope Valley Partner Travis Deuson, and panels covering a variety of critical care topics.













#### Career Day 2019

Thanks again to Mark Morocco (2001) and Lisa Waltz for hosting the class of 2020 for career day. It was a great success with our alumni discussing different group and individual practices at Kaiser, Torrance Memorial, Henry Mayo, Antelope Valley, the Veterans Administration, VEP, EMA, Locum tenens, fellowships, academics, job interviewing, financial planning and more. Thanks to Greg Hendey (1993), Pam Dyne (1995), Mark Morocco, Richelle Cooper (1998), Lisa Zhao (2011), Miguel Lemus (2011), Malkeet Gupta (2006), Sophie Terp (2012), Elisa Anhalt (1999), Cat Weaver (2017), Sabrina Tom (2015), Caleb Canders (2016), Brandon Firestone (2017), Jay Lee (2005), Seth Sushinsky (2012), and the rest of the PD leadership Rebeccca Bavolek, Natasha Wheaton, Steven Lai, and Jaime Jordan.



















# Cal ACEP Sept 2019 ADVANCED



IMPLICIT BIAS











CalACEP in September 2019 in Orange County, and the UCLA Residency program past and present were well represented:

Medell Briggs-Malonson delivered the keynote address:

Anna Yap (2023) received an award for her work with the California Medical Association and delivered a talk about CAL/ EMRA and getting involved;

Reb Close (2003) one of our CalACEP board members spoke as part of a community EM panel;

Sara Crager (2015) and Eileen Shu (one of our former undergraduate research volunteer assistants, and now a part-time provider at Antelope Valley Hospital) both spoke as part of a blended careers panel;

Andy Grock and Tomer Begaz both taught in the medical student track with lightning lectures and an "Ask the Experts" session on common questions for residency applicants:

Natasha Wheaton led a Financial Panel discussion, with our Harbor-UCLA colleague Ryan Pedigo;

Tara Paterson delivered a resident track lightning talk; Rebecca Bavolek lectured on "Things I wish I knew as a resident":

Anna Yap and Rebecca Bavolek spoke with prospective residents at the medical student fair:

And...to top it off the UCLA department band Gravely Disabled again entertained the crowd during the closing reception.



























feminem

#FIX19

femnem

#FIX19

#FIX19

### FemInEM FIX 2019

This year's September FemInEM FIX2019 conference was not only attended by several UCLA department faculty, fellows, and residents, but also featured lectures by two of our own. First year IDHEAL fellow Hannah Janeway delivered a

session titled "You are more powerful than you think," and received the first standing ovation of the conference. Watch her lecture on the FemInEM archives, to hear her recount witnessing the fatal shooting of 26 year old Ruben Herrera in the emergency department when she was an intern, and how she used her voice to

speak for him. Breena Taira educated the

#FIX19 feminem #FIX19 feminem #FIX19 feminem feminem

crowd with her talk on "Achieving Language
Justice in the Emergency
Room." Her lecture is not yet available for viewing on line, but check back as the FemInEM will be continuing to upload the lectures from the conference, and Breena is a national expert on this issue. Other UCLA attendees included,

Claudie Bolduc (2021), Jackie Shibata, Cat Weaver (2017), and Harbor-UCLA colleagues Diane Birnbaumer and Susannah Empson.



Sep 16		
7:30 am - 8:30 am	Breakfast & Registration	
8:30 am - 8:40 am	Welcome	
8:45 am - 9:00 am	Empathy, Equity & Empowerment: How Women Physicians Will Heal Our Nation	Hiral Tipirneni
9:00 am - 9:15 am	You Are More Powerful Than You Think	Hannah Janeway



# Residency Education Leadership Team Guest lecturing to Kaiser EM

The Kaiser 28th Annual National Emergency Medicine Conference organized by Gus Garmel at Kaiser Stanford was held this fall at the Ritz Carlton Bacara in Santa Barbara. Rebecca Bavolek gave a lecture on "Trauma Care for the Emergency Physician not at A Trauma Center" as well as participated in a panel discussion regarding "Women in EM". Education fellows Stephen Villa, Kellie Kitamura (2018), and Steven Lai

(2016) taught skills stations including chest tube placement and placing ultrasound guided peripheral IVs. Several UCLA alumni were attendees at the conference.







# ACEP Scientific Assembly 2019 in Denver

We had a great time in Denver in the snow, until we all scrambled to get to the airport and get one of the flights that was not cancelled back to Los Angeles.

At the ACEP Council meeting at the scientific assembly Anna Yap (2022) participated as CalACEP resident representative and Breena Taira served as an Alternate Councilor for

the ACEP Social EM Section. Among the California contingent we spotted Antelope Valley Emergency Medicine partners Larry Stock and Mike Gertz, and alumni Reb Close (2003) and Ramon "Ray J" Johnson (1984) in the group. Congratulations to Ray J who was awarded the James D. Mills Outstanding Contribution to Emergency Medicine Award for his significant contributions to Emergency Medicine.



Breena Taira attended the ACEP International Ambassador's

meeting. She is the ACEP Lead Ambassador to Nicaragua. In this role, she has been a mentor for the ambassador's medical student global health mentorship program. She delivered an ACEP presentation of their final project with the Deputy Ambassador and Liaison to Nicaragua as well as the medical student mentee. During this meeting she also received the Individual Achievement Award for the ACEP Ambassador's Program.

Several faculty lectured during the conference. Fred Abrahamian gave three lectures on infectious disease topics, Jerry Hoffman (1979) discussed high risk cases in EM, Luis Lovato (2001) gave lectures on maintaining ABEM certification, and alumnus Jeff Tabas (1998) gave three lectures including "NNT Pinpointing ED Interventions that Matter Most," and two EM cardiology related topics. Tyler Barrett (2005) and Richelle Cooper (1998) ran an Annals of Emergency Medicine workshop on how to review a paper as part of the ACEP Research Forum.





Vanessa Kreger (2020) presented her preliminary results for her project with collaborators Haig Aintablian (2022), and Breena Taira, at the Research Forum Plenary session "Google Translate as a Tool for Emergency Discharge Instructions? Not so Fast?"

Hannah Spungen (2022) participated in council meetings as our EMRA representative, as did Haig Aintablian (2022) as the AAEM Resident Student Association president.

The UCLA IDHEAL group had several activities. Breena Taira helped organize and lead the community building collaborative session during the ACEP Social Emergency

Medicine meeting. Harbor-UCLA colleague Dennis Hsieh gave 2 lectures "Social Medicine that Matters Most in the Trenches," and "Breaking the Cycle: Implementing a Community Violence Intervention Program in the ED." Breena Taira participated in a panel that presented to the EMRA Social Emergency Medicine Section. Congratulations also to Dennis Hsieh who was honored with the 2019 ACEP National Emergency Medicine Junior Faculty Teaching Award. "This competitive award honors (Dr. Hsieh) as an outstanding educator in emergency medicine and recognizes (his) tremendous efforts in advancing the specialty. It

recognizes (his) excellence in teaching, including development of innovative educational programs, community education, and contributions to regional and global programs."







# **ACEP Alumni Gathering** and Class of 2020 Dinner































Thanks to our residency leadership team, and especially our residency coordinator Jennifer Cassidy for planning an amazing alumni reception and dinner to honor the graduating class of 2020. It was great to see so many UCLA alumni residents and fellows.



























# Updates from our EMRA and AAEM Resident Representatives

Hannah Spungen (2022) our EMRA resident representative has worked to help pass several resolutions in EMRA relating to researching the impact of for-profit EM residency programs, opposition of immigrant family separation, the role of social work within the ED, and EM resident leave policies as well as mental health resources for residents. She attended ACEP Scientific Assembly in Denver and chaired the Tellers and Credentials Committee which is responsible for tabulating, recording, and certifying the results of elections.



Haig Aintablian (2022), the AAEM Resident Student Association President summarized some of the advocacy areas he has been focusing on with AAEM.

- (1) President Trump signed an executive order (EO) on new policies to implement in Medicare, which include provisions to allow advanced practice registered nurses (APRN) and physician assistants (PA) to eliminate physician supervision requirements, to receive "equal pay for equal work" (Medicare reimbursing APRNS and PAs at the same level as physicians), and to enable APRNs and PAs to practice at the same scope of physicians. The AMA, State Medical Associations, AAEM, ASA, AAFP, and many specialty societies have come out in strong opposition. This EO, if fully implemented, would incentivize corporate medical groups to continue their trend of replacing multiple emergency physicians (EP) with a model of one EP overseeing multiple Non-Physician Providers (NPPs) as well as the new trend of EDs run solely by NPs/PAs without any physician oversight.
- (2) Gun Violence Research: A tentative deal allocates \$25 million of federal funds for gun violence research at the CDC and NIH. This is the first time that federal funding for this area of research has been allowed in over two decades.
- (3) Surprise billing legislation The Senate Health, Education, Labor and Pensions Committee, the House Energy and Commerce Committee, and the House Ways and Means Committee are attempting to introduce a bipartisan surprise medical bill. All the EM lobbying organizations (including AAEM and ACEP) are fighting hard to protect physicians on this issue, while respecting patients and patient care.
- (4) Supplemental Video Interview (SVI) After significant pressure from AAEM RSA, EMRA, AEROS organizations, CORD, and several other organizations, the AAMC has decided to withdraw the SVI from future residency applications. Reasons cited by AAEM RSA included the lack of research supporting its usefulness in selecting successful EM applicants and the increased funding burden to medical students once the pilot phase ended.
- (5) The United States Government Accountability Office released a report on Medicare graduate medical education (GME) funding for nurse practitioner (NP) and physician assistant (PA) graduate training, suggesting that Medicare funding for MD/DO residencies should in-part be diverted to increase the number of NP and PA training opportunities. If this were enacted, there would be even less funding for medical residencies. Suggesting that training NPs and PAs would aid the physician shortage, disturbed many agencies, including the AAMC, AMA, etc.

Haig reports "AAEM RSA is tackling some other very important issues as well, including fighting to protect physician led healthcare in the setting of rising non-physician provider (NPP) scope of practice battles, protecting

the integrity of ethical medical education free from corporate influences, and preventing over-saturation of the EM workforce with the rapid rise of EM residency programs run by corporate interests. To learn more about these issues and how to get involved feel free to reach out to Haig."

**CONGRATULATIONS HAIG!** He was just re-elected for a second term as the AAEM RSA President, only the second resident physician to serve more than one term in the role.



# Community Service Committee in Action



This November, Medell Briggs-Malonson, Agatha Brzezinksi (2023), and Vanessa Kreger (2020) volunteered at the semi-annual Care Harbor megaclinic downtown providing free healthcare services to low-income uninsured or under-insured individuals alongside many UCLA Family Medicine residents and faculty and a huge number of physicians, dentists and optometrists. Care Harbor is a grassroots response to the challenges of accessible care. From their website "At Care Harbor mega-clinic events, volunteer professionals, provider organizations and healthcare agencies come together to bring care to thousands of those in need. Those with nowhere to turn for the healthcare they need receive free medical, dental and vision services, along with the prevention resources and follow-up care that can empower them to lead healthier lives."



Ashley Vuong (2022) organized a Feminine Hygiene Drive. She organized collecting feminine hygiene products and general hygiene products (like hotel toiletries extras) for donation to those in need in our community. These are products that are often desperately needed but often are not thought of when people make donations to shelters and community outreach organizations.

Danielle Antonuk (2021) and Pam Dyne (1995) arranged the annual Adopt a Family. The families are identified by the social work office who organize the endeavor at OVMC. We supported two families during the holiday season by raising more than \$1500 dollars in addition to donated gifts and items the families had on their wish list.

Jessa Baker (2021), Ashley Vuong (2022), Theresa Cheng (2021), Vanessa Kreger (2020), and Breena Taira have completed Los Angeles Human Rights Initiative Asylum Clinic Training and they perform pro bono forensic evaluations to asylum seekers and other immigrants. The forensic medical evaluation documents evidence of torture and ill treatment and effectively communicates this evidence to adjudicators. Physicians provide expert opinions on the degree to which clinical findings corroborate allegations of abuse and educate adjudicators on the sequelae of trauma documenting their findings in a legal affidavit submitted to the court and are occasionally called upon to give testimony. The Olive View-UCLA Human Rights Clinic is a monthly academic clinic established with the goal of providing forensic medical and psychological examinations for survivors of torture and persecution seeking asylum. The clinic, hosted by Olive View-UCLA Medical Center, is run in partnership with Physicians for Human Rights. It is staffed by volunteer UCLA and Olive



View attending physicians across a range of specialties and is also a teaching site for the UCLA Internal Medicine Primary Care Track and OVMC Internal Medicine residency programs. UCLA also has an asylum clinic.

# Hannah Janeway and the Refugee Health Alliance





When Hannah Janeway is not busy being a fellow, taking her master's classes, working in the ED, teaching or working on any of her fellowship projects with IDHEAL, she helps direct a non-profit at the US-Mexico border called Refugee Health Alliance. Hannah first started to spend time in Tijuana when she was a resident, providing services to the IVDU community at the Wound Clinic under IDHEAL faculty Todd Schneberk and Mexican physician Patricia Zuniga. Refugee Health Alliance was formed in the fall of 2018, when Harbor-UCLA residents and local physicians began to provide medical care to asylum seekers at overcrowded shelters in Tijuana in response to increasing medical need secondary

to new draconian policies by the US government. The organization's mission is to provide ethical, holistic, and culturally-inclusive care, and advocate for all displaced and vulnerable populations in collaboration with activists and existing healthcare organizations along the US-Mexico border.

RHA currently runs a daily medical clinic at two sites in Tijuana in collaboration with local organizations Espacio Migrante and PrevenCasa. On Saturdays, RHA hosts pop-up medical clinics on a rotating basis at 23 shelters for asylum seekers across the city. They typically see about 220 patients a week, half in the weekday clinics that run 9a-2pm, and half on the weekends at the shelters. RHA offers primary and urgent medical care, naturopathic medicine, acupuncture, dentistry LGBTQIA+ care including gender affirming care for transgender individuals, psychological and psychiatric services, medical legal services, OB/GYN and women's care, midwifery, addiction medicine, and harm reduction. All of RHA's activities strive to meet pro-liberation principals including 1) autonomy 2) collaboration 3) non-hierarchy 4) anti-imperialism and anti-colonialism 5) shared power structures and

Hannah is a member of the Board of Directors of RHA, helps provide daily medical direction, and runs the clinical protocols committee, medical legal efforts, grants/finances. She also supervises both a medical student and resident rotation. The organization is funded by individual donations, private foundation grants, and the Trans Law Center, which supports RHA's efforts to provide holistic and gender affirming care for transgender asylum seekers.

Refugee Health Alliance is dependent on volunteers and welcomes physicians,



6) trauma-informed care.

PA, NP, nurses, residents, medical students, translators and undergraduate volunteers for short term and longer term volunteer opportunities, as well as to conduct medical-legal forensic evaluations. Interested parties can contact Hannah or sign up directly through the website at <a href="https://www.refugeehealthalliance.org/">https://www.refugeehealthalliance.org/</a>



# Teaching Abroad and Building Bridges to EM in Latin America



Project SEMILLA recently formed a new partnership with the National Autonomous University of Honduras (UNAH). Emergency Medicine does not exist as a specialty in Honduras and the Dean of the School of Medicine is interested in starting the specialty. As an initial step, Breena Taira, Luis Lovato (2001), Amir Rouhani (2011), Aristides Orue and IDHEAL fellows Hemang Acharya and Hannah Janeway, taught a course in cardiac resuscitation, identified a group of potential Honduran instructors, and taught a train the trainer course. These will be the initial project SEMILLA team in Tegucigalpa. We also signed an MOU between UCLA and UNAH and met with UNAH department heads and the international development bank to discuss formation of the specialty.



Sara Crager (2015), Brittany Guest (2019) and other members of the collaborative UCLA Access and Innovation in Medical Education (*AIME*) Fellowship traveled to Chile in Sept 2019 to lecture at Conceptos. It was the largest Conceptos conference to date with more than 800 attendees from all over Latin America. Australian EM providers Cliff Reid, Chris Nickson, and their crew brought Resuscitology (<a href="https://resuscitology.com/">https://resuscitology.com/</a>) to Chile as a pre-







conference workshop, and needed an additional faculty for the workshop so invited Sara Crager on-board.



Brittany Guest and the group has also been working with the Emergency Medicine Kenya Foundation. She taught part of an EKG course at the very first EM conference in Uganda. Kenya does not yet have an emergency medicine residency program, so there is currently an 18 month diploma course that allows physicians to obtain a certificate in Emergency Medicine. Britt spent a couple weeks over the summer teaching at the diploma course and is headed back





# RESIDENT ELECTIVE SPOTLIGHT THERESA CHENG MD/JD AND THE ACLU



Theresa Cheng (2021) has an uncommon distinction of being an MD/JD. She took time off after her second year of medical school to get a JD at UC Berkeley School of Law specializing in International Law. During her law school years before returning to medical school she worked on several projects including (but not limited to): The Sho Sato Conference helping with guidelines and recommendations for international legal responses in disaster relief, founded the East Bay Community Law Center Clinic Health Policy Project, interned for Next Generation Think Tank (evaluating health policy reform impacts of the ACA), worked at the International Human Rights Law Clinic in Berkeley, and the United Nations Development Programme in Bangkok, Thailand. Returning to medical school and

residency has not stopped her from continuing her work for social justice (see the kudos page for her work assisting migrants and refugees detained in Tijuana, Mexico). She combined her two passions during a 6 week elective this fall at the Reproductive Justice Department of the American Civil Liberties Union - Northern

California spearheading an effort to examine the reproductive health maltreatment and neglect in California detention centers. She worked to produce a legal-medical toolkit for community advocates to use as a result of her investigations. She collected a number of stories of women having miscarriages in buses, without seeing a medical provider, and pregnant women who were shackled in detention centers, infants being fed spoiled formula as well as the women and children who had been deported to Mexico without any resources like food or diapers. She traveled to Mexicali, Mexico to interview women, children, and LGBTQ individuals who have been released from detention centers to document for the ACLU their experiences in the detention centers (no provision of medical care, just



interviews). This is in conjunction with the detention center visits she lined up during her elective as well. She drove to Mexicali, Mexico and took the opportunity to fill her car with supplies for a local shelter there.

Theresa has also been working with the ACLU to affirm women's reproductive rights and physicians' rights to discuss and treat all patients without interference. One in every 6 hospital beds in California is in a Catholic Hospital system, thus subject to religious doctrine, endangering patient safety, limiting patients' reproductive and gender-affirming choices, and constraining medical student/resident/fellow education. The UC system was looking to strongly affiliate with Dignity Health, a Catholic hospital system, and the affiliation would require medical students, residents and attendings at those sites to comply with Catholic directives that would prohibit medical students and staff from providing, or referring patients to, reproductive and gender-affirming services. (You can read about this in the <a href="LA Times.">LA Times.</a>) Other contracts specifically lists prohibited procedures, including "promotion of contraception" and treatment of victims of sexual assault under certain circumstances. Theresa helped to organize a petition across the UC system to UC leadership, urging them to avoid any future agreement that would subject UC providers or patients to religious restrictions on health care.

Related to her work for immigration Theresa was invited as the keynote speaker for the Greater Bakersfield Legal Assistance Annual Community Conference on social justice.



# Just Another Day in the ED....



October 2019 - Los Angeles was on fire... literally. Photos of the retardant drop are just outside the Olive View entrance, and flames visible from the 210 Oxford exit at the am/pm parking lot.









A little Halloween conference costume contest to keep things interesting.



Back to normal at Olive View with helipad rounds.



Three of our best teachers on shift all at the same time, the 90s were some great years in the residency! Thanks Rich Sonner (1996), Carolyn Sachs (1994) and Tom Graham (1995) - looking good.



Happy Thanksgiving -Thanks to the UCLA crew who worked so others could spend time with family.











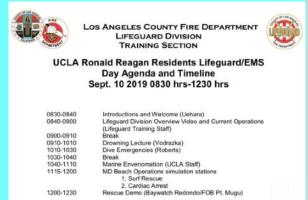
We had Christmas parties for both departments, and a residency potluck hosted by Rebecca Bavolek to ring in the season. The band, Gravely Disabled entertained the crowd at the Olive View UCLA Christmas party.



#### **Educational Outtakes**

#### Conference EMS Day at Manhattan Beach





Thanks to Atilla Uner (1997) and the LA County Fire Department for a great conference. Seriously, this was our conference day....training at UCLA is tough. As always it was a hands-on experience with our EMS education. The goal of EMS days is for Emergency Physicians in training to get to know the people who work in EMS and the challenges they face. The Lifeguards are experts in water rescue and everyone learned a lot.













Fall 2019 check-in with the class of 2023. A little more swag for the interns, because baseball caps are great for sunny So-Cal, and despite the suggestion in the photo we are not sponsored by LaCroix sparkling water.







Alumna Ilene Claudius (2002) came back to provide state of the art pediatric EM education for the care of sickle cell patients to our residents.

**ALUMNI -** Come teach at our conferences: If you will be in Los Angeles and want to lecture at one of our conferences, or teach a small group, email Richelle Cooper (1998). (Richelle)

# Growing Families - Congratulations to Everyone!



Nicole Wojtal had a second daughter, Romi Paz. The addition has made her big sister Neve a bit of a basket case, but Nicole anticipates that will soon calm down.

Jason Singer (2021) and his wife, Libby, had a healthy baby girl, Layla Danielle Singer.



# Alumni Updates



Jason Lu (2019), has been doing great with the Long Beach EM group with several new UCLA hires joining soon. He did find time to get official engagement photos.



Congratulations - Elaine Lee (2014) and Matt Kwok were married this summer.





Britt Guest (2019) and Flo Raths, married during her intern year, finally had a wedding celebration with many UCLA folks in attendance.



David Bernheimer (2010) welcomed his second daughter Abigail, and big sister Hannah is sometimes adjusting to the addition.



Mary Cheffers and former research fellow Todd Schneberk (2018) welcomed daughter Grace.



# KUDOS to Our Amazing Faculty, Residents and Alumni



Congratulations to Anna Yap (2022) for being recognized with the Rising Star of Physician Leadership Award from the Los **Angeles County Medical** Association and being honored at the Celebration of Women in Medicine Awards Luncheon.





Amy Kaji from Harbor-UCLA and Richelle Cooper (1998) were featured in a FemInEM blog post discussing the Annals of Emergency Medicine diversity task force on gender equity at the journal. Read more at: Kaji AH, Meurer WJ, Napper T, Nigrovic LE, Mower WR, Medicine Diversity Task Force. State of the Journal: Women First Authors, Peer Reviewers, and Editorial Board Members at Annals of Emergency Medicine. Ann Emerg Med. 2019 Dec;74(6):731-735.

Schriger DL, Cooper RJ; Annals of Emergency



Rebecca Bavolek taught at the ACEP

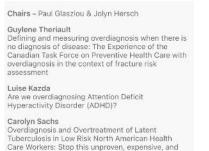
Teaching fellowship again, and education fellow Kellie Kitamura (2019) is enrolled in the program this academic year.



**Course Faculty** 

Carolyn Sachs (1994) traveled to Sydney, Australia to go to the 2019 Preventing Overdiagnosis Conference and presented her work on the over diagnosis and over treatment of latent TB in health care workers. After traveling all the way down under she was able to take in some of the amazing

outdoors.



potentially dangerous testing mandate





EMR Residents (EMRA) @emresidents - 1 Dec 2019
Thanks to the EMRA/EDPMA Scholars!
Spring: Claudie Bolduc and Mahesh Polavarapu
Fall: Allen Chang, Nick Cozzi and Tehreem Rehman
Spring 2020 nominations now open - apply bit.ly/35rGcf6 @EDPMA
@OliveViewUCLA @christianacare @StanfordEMED @SpectrumHealth



Congratulations Claudie Bolduc (2021) who received a shout out from EMRA for her work as the ED Practice Management Association Scholar.

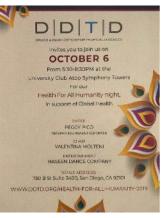
### More Kudos

The UCLA Ronald Reagan | Olive View Faculty Teaching Award created in 2013-2014 recognizes exemplary involvement in resident education, both at the bedside and through participation in didactic sessions. The faculty who received the most resident votes for the 2019-2020 UCLA/Olive View Faculty Teaching Award – 1st half of the year are:

George Lim, MD at UCLA & Jackie Shibata, MD OVMC

Congratulations to these amazing teachers! The ultrasound section is really leading the pack.





Our Hero in the Field Award recipient this year is esteemed Associate Professor of Emergency Medicine and Internal Medicine at the David Geffen School of Medicine at UCLA, Dr. Matthew Waxman. Dr. Waxman has worked internationally with a number of NGOs including an Ebola treatment center in Sierra Leone during the 2015 epidemic. He has published research in The Lancet, determining outcomes patients co-infected with Malaria and Ebola virus, and continues to work with the United States Centers for Disease Control (CDC) on a study of a domestic malaria drug. Dr. Waxman's most recent work includes leading a trauma stabilization point in Northern Iraq during the Battle of Mosul in 2017. He currently serves as Medical Director of the NGO NYCMedics Global Disaster Relief which is assessing a WHO funded project in Yemen.

Congratulations to **Matt Waxman (2007)** for being honored at the Drugs & Diagnostics for Tropical Diseases Health for All Humanity with the Hero in the Field Award. This annual award was bestowed on Matt for his global clinical and research work during the Ebola epidemic, fieldwork during the Battle of Mosul in Iraq, and recently as medical director of NYC Medics Global Disaster Relief.

News > Medscape Medical News > Feature:

# Physicians Caring for Migrants Are 'Screaming Into the Void'

Theresa Cheng (2020) was featured in a Medscape article profiling her work with migrants at detention centers and the UCLA Asylum Clinic. The article also features expert comments from Rob Rodriguez (1994) and brings attention to his publication in PLoS One completed with our incoming IDHEAL fellow Jesus Torres, Luis Lovato (2004), and Breena Taira.



Declared impact of the US President's statements and campaign statements on Latino populations' perceptions of safety and emergency care access

Robert M. Rodríguez 🖪, Jesus R. Torres, Jennifer Sun, Harrison Alter, Carolina Ornelas, Mayra Cruz, Leah Fraimow-Wong, Alexis Aleman, Luis M. Lovato, Angela Wong, Breena Taira

O PLOS ONE

Congratulations to Eric Savitsky (1995) for being awarded two patents for ultrasound training educational technologies from USPTO. (System and Method for Extended Spectrum Ultrasound Training Using Animate and Inanimate Training Objects, and System and Method for Augmented Ultrasound Simulation using Flexible Touch Sensitive Surfaces.) He also became Basic Endovascular Skills for Trauma (BEST) certified (i.e., REBOA) by the American College of Trauma Surgeons to enable UCLA EM participation, education, and integration into future RRUCLA ED provider usage.

# Laudations







Congratulations to Theresa Cheng (2021) who had two abstracts accepted for presentation at the American Public Health Association meeting this year. The first, "Forensic Medical Examinations: The Increasing Need for Health Professionals in the Legal Asylum Process," for which she received an award for the highest scoring abstract in the section, and the second "Senate Bill 1152: Implementation of California's Solution to Patient Dumping in Emergency Departments."





Hello Kaiser South Bay and all our alumni there where **Priscilla Hanudel (2012)** was promoted to Assistant Chief of the ED for the group and **Heather Whitlow (2014)** made partner.



Congratulations Matt Waxman (2007) and Steven Lai (2016). Lai S, Waxman MA. "Chapter 204 Epistaxis Management." In Reichman's Emergency Procedures. Edited. Eric Reichman. New York: McGraw Hill, 2019.



Jess Oswald (2018) elected secretary of the ACEP Pain Management and Addiction Section.

Congratulations to

Jennifer Weinberg (2014)

who recently took an
academic position at the
University of Minnesota in
both Critical Care
Medicine and Emergency
Medicine.



Congratulations to **Rebecca Bavolek** who was named to the ACEP Educational Meetings Subcommittee and will be a part of the team that plans the educational curriculum for ACEP Scientific Assembly 2020 in Dallas, TX.

**Andy Grock** continues to serve on the AAEM Wellness committee and CORD Best Practices Committee. He is the Chair of the AdvanceED Cal-ACEP Poster Presentation Sub-Committee and a Member of the AdvancED Cal-ACEP Planning Committee.



**Parveen Parmar (2008)** advocates for social justice and health equity with SCOPHE (Southern California Providers for Health Equity).

# **Applause**

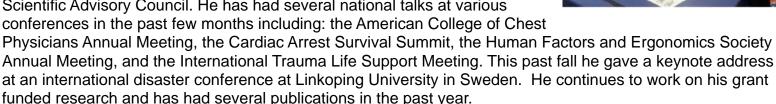


**Craig Goolsby (2008)** was featured in a **doximity article** highlighting his grant funded research (a collaboration between Uniformed Services University of the Health Science's National Center for Disaster and Public Health and the American Red Cross). He has developed a trauma first-aid

course to train high school students around the country that incorporates elements of Stop the Bleed.

Craig has had a very productive and momentous academic year. He was

promoted to Professor of Military and Emergency Medicine. This past June he received the Chairman's Award for his work with the American Red Cross Scientific Advisory Council. He has had several national talks at various conferences in the past few months including: the American College of Chest



Jessica Oswald (2018) had the UCSD ultrasound of the month (view here), for a case in which she pushed TPA for a sub-massive PE with evidence of continued deterioration, DVT, and McConnell sign on bedside US. She continues to split her academic time in the UCSD ED and pain management and recently published a paper with Varun Shahi (2020) (see the publications list at the

end of the newsletter), as well as Woolley CA, **Oswald J**, Chen J. Painful Inguinal Angiomyomatous Hamartoma Responsive to Conservative Pain Management: A Case Report. A A Pract. 2019 Nov 15; 13(10):373-375.



Valerie Norton (1995) now works half time as one of the

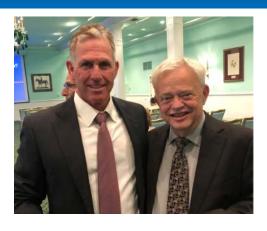
Physician Operations Executive for Scripps Mercy Hospital, San Diego. This has resulted in lots of fun and important projects that she has helped foster, like improving medication reconciliation, lab stewardship, launching a Geriatric ED, POCUS governance, care affordability projects, physician job satisfaction initiatives, and reducing surgical site infections. She also helped



the hospital successfully land a bunch of grants to start a program for MAT with Suboxone.

Congratulations to **Jennifer Termeer (2013)** who is now the ED Chair and Department director at Rappahanock General Hospital in Virginia.





David Talan (1986) was the keynote speaker, delivering the Gregory Henry 50th American College of Emergency Physicians (ACEP) Anniversary Lecture at the Michigan Chapter of ACEP Assembly "What I've Learned Studying Infectious Diseases in Emergency Medicine," and "Will Surgeons Lose the Appendix to Emergency Physicians?" Closer to home, he has created and been presenting a very popular new case-based Advanced ID Lecture Series for our residency program.

## **Plaudits**

CIRCLE OF HEALTH

Teen vaping: As government looks at restrictions experts say epidemic is driven by

flavors



Did you catch Olive View-UCLA part time faculty member <u>Jessica Sims on the KABC7 News Circle of Health</u> about the youth vaping epidemic?



Research on low-value care: Where do we go from here?

How do we frame overuse not just as an issue of cost but also as an issue of harm? A recap of the Lown Institute meeting on overuse harms research.

Richelle Cooper (1998) traveled to Washington DC to participate in a conference convened by Shannon Brownlee (center of photo above) from the LOWN institute and RightCare Alliance to

help focus agenda on the centrality of harms for understanding overuse. The gathering had an impressive collection of leaders in the field studying overuse, and Richelle is still not sure how she had a seat at the table with the group but was very grateful to be part of the conversation.

Elbow.



Physicians for Human Rights Nov 2019.

Big shout out to IDHEAL faculty, and former UCLA research fellow **Todd Schneberk** for his testimony before congress about the health and human rights implications of "Remain in Mexico". You can view his testimony online.

Congratulations to education fellow **Stephen Villa** who has a couple radiology posts on Academic Life in Emergency Medicine (ALiEM) - EMRad:
Can't Miss Elbow Injuries and EMRad: Radiologic
Approach to the
Traumatic

The World Congress of Ultrasound in Medical Education is an international, multi-specialty annual meeting of medical educators who present innovative ways to teach and integrate ultrasound education. It is sponsored by the international organizations WINFOCUS and SUSME. The 7th world congress was held at UC Irvine September 2019. Alan Chiem and Jackie Shibata were conference organizers as the Integrate track chair and Insonate track co-chair (along with Teresa Liu of Harbor-UCLA), respectively. Our fellow, Amir Tabibnia, served as faculty for the pre-course POCUS bootcamp. In addition, UCLA physicians Dean Ed Ha (IM) gave a presentation on Entrustable Professional Activities, while Michael Yeh (Surgery) discussed how POCUS improves his ability to manage complex thyroid cancers. Jim Lister (Anatomy) presented our 3D printing projects involving ultrasound education, and George Lim (EM/CC), Danny Kahn (IM), Manny Singh (Harbor-UCLA EM) discussed our new Ultrasound Peer Education Project

(USPEP) and how to teach POCUS on clerkships. Lastly--but certainly most

importantly--our trainees also had an opportunity to participate at



WCUME, including our EM resident physician, **Jessa Baker (2021)**, and
Ultrasound Student Interest
Group officers (Sahl Ali,
Danny Le, Harshika
Chowdhary, Jacob Guorgui,
Jamie Yang, and Yasmeen
Dhindsa).





## More Kudos

#### Inventing Social Emergency Medicine

Foreword to Conference Proceedings, Inventing Social Emergency Medicine

Harrison J. Alter

Introduction Hemal K. Kanzaria, Jerome R. Hoffman

Principles of Social Emergency Medicine

Jahan Fahimi, Lewis Goldfrank

Commentary: What Next? From the Principles to the Practice of Social Emergency Medicine

N. Ewen Wang

Commentary: Seeking Consensus Goals and Broad Support for Social Emergency Medicine

Suzanne Lippert

Reflections: A Social Emergency Medicine Call to Arms: Promoting the Adoption of Social Emergency Medicine Practices Todd Schneberk, Richelle J. Cooper

Achieving the Quadruple Aim: Treating Patients as People by Screening for and Addressing the Social Determinants of Health Dennis Hsieh

Commentary: Screening, Education, and Advocacy on Social Determinants of Health: The Complete Package for Treating the Whole Patient

Joselyn Freeman Garrick

Commentary: Embracing the Problem of Subsistence Needs in the Emergency Department Robert M. Rodriguez

Reflections: Addressing the Quadruple Aim in Social Emergency Medicine Rebecca Karb, Shaw Natsui

Homelessness and the Practice of Emergency Medicine: Challenges, Gaps in Care, and Moral Obligations Maria C. Rayen

Commentary: Addressing the Challenges of the Homeless Patient Roberta Capp

Commentary: How Can Emergency Departments Help End Homelessness? A Challenge to Social Emergency Medicine Kelly M. Doran

Reflections: A Perspective on Homeless Patients in the Emergency Department.

Tehreem Rehman, Catherine S. Wolff

A Paradigm Shift to Interrupt the Bidirectional Flow Driving Community Violence

Thea James

Commentary: Moving Emergency Medicine Toward the Biopsychosocial Disease Model

Stephen Hargarten

Commentary: Using a Trauma-Informed Care Framework to Address the Upstream and Downstream Correlates of Youth Violence Nathan India

Reflection: A Consensus to Intervene-Creating a Social Emergency Medicine Playbook

Petrina Craine, Lia Losonczy

Emergency Physicians as Community Health Advocates Michael Clery, Joneigh Khaldun

Commentary: Maximizing the Effect and Influence of Social Emergency Medicine

Zachary F. Meisel

Commentary: Leveraging Accountability for Advocacy

Reflection: An Ecologic Model of Social Emergency Medicine Theresa H. Cheng, Elizabeth A. Samuels

Inventing Social Emergency Medicine: Summary of Common and Critical Research Themes Using a Modified Haddon Matrix Erik Anderson, Edward Bernstein, Ziming Xuan, Harrison J. Alte

Optimizing Our Clinical Practice for Health Equity: Recognizing the Social Drivers of Health That Affect Physician Behavior

Breena R. Taira

#### Annals of Emergency Medicine

Emergency Physicians ADVANCING EMERGENCY CARE\_

In November 2019 Annals of Emergency Medicine published

a supplement containing the proceedings of the Inventing Social Emergency Medicine Conference. The consensus conference codeveloped by Dr. Harrison Alter, was organized by the Levitt Center, together with the American College of Emergency Physicians and the Emergency Medicine Foundation, and supported by a grant from the Robert Wood Johnson Foundation to convene 50 thought leaders in late 2017. Several current and former UCLA providers participated in the conference and authored the publications including, Jerry Hoffman (1979), former UCLA Robert Wood Johnson fellow Hemal Kanzaria, former research fellow Todd Schneberk, Richelle Cooper (1998), IDHEAL and Harbor-UCLA faculty member Dennis Hsieh, Robert Rodriguez (1994), former UCLA National Clinician Scholar Shaw Natsui, scholarship sponsored resident Theresa Cheng (2021), and Breena Taira.

Congratulations (belated...sorry the newsletter editor missed this for the prior newsletter but wanted to get the shout out) to Allison (Cousineau) Santi (2005) who was recognized with two humanitarian awards for her work to help end human trafficking. The Frist Humanitarian award from the HCA and the Soroptomist Women Making a Difference Award.



The Frist Humanitarian Awards, created in 1971, are a tribute to his lifelong dedication to improving the lives of others. Each year, these awards recognize individuals at HCA Healthcare who demonstrate a level of commitment and caring that goes beyond everyday kindness. "The Frist Humanitarian Award recipients work selflessly to improve the lives of people in need, in their

communities and around the world," says Milton Johnson, Chairman and CEO. "Their commitment to the care and improvement of human life inspires all of us to continue the philanthropic work of HCA Healthcare's founders."

The Women Making a Difference Award has been developed by Soroptimist International of Oxnard to honor women who, through their professional and/or personal

efforts, improve lives and encourage women and girls

in the greater Oxnard Community.





# Check out our Alumni

# Health & Charity

Health-e-Charity, the 501c3 established by alumnus **Carlo Reyes (2003)** held its annual Bollywood fundraiser which helps support the mission trips and in October 2019 completed a trip to Honduras traveling by bus to villages to provide health care, and education to empower the community with knowledge to improve their health. The testament about the work, "I have enjoyed this trip more than I ever imagined I would. Initially, I thought that I was coming to help them, but the families in these villages have had a profound impact on me. I am constantly humbled by them. The people living in these mountain towns lack basic needs, yet are some of the happiest and kindest souls I have ever met. I have never seen people so grateful for Tylenol, Tums or Muscle Cream. I am reminded that back at home, we have it really great. Honduras has ignited a little fire in my heart. My fuel is emotionally connecting with my patients and to always be kind." Health-e-Charity will be going to Haiti In February and then to India in March. If you are interested in joining there is still availability - contact Carlo Reyes











Mike Casner
(2017) has been
enjoying his new
job at University
of Kansas City
with another
former UCLA
chief resident
Steve Go
(1994).

Congratulations to **Tabitha Cheng (2018)**, who finished her EMS fellowship June 2019, and is currently working in Boston, caring for daughter Natalie and supporting husband Tim completing his orthopedic sports medicine fellowship, will be returning to Los Angeles July 2020 to start her Pediatric EM Fellowship at Harbor-UCLA. She says this will be her final fellowship...we shall see, but we are excited to have her coming back under the umbrella of the UCLA EM Department.

Mary Sun (2013)
took a break from
work at Torrance
Memorial, and part
time clinical faculty
at UCLA, to travel
with family to see
the largest living
thing in the world.
General Sherman in
Sequoia National
Forest.
Representing
coincidentally in her
UCLA EM residency

shirt.



**Brian Truong (2018)** has joined the group at Torrance Memorial, adding to the many alumni and chief residents from our program.

# **Amazing Work Alumni!**

Congratulations to Andie Takemoto (2018) who took a full time job with the Long Beach EM group that covers Little Company of Mary in San Pedro and St. Mary's in Long Beach. She joins Sripha (Ouk) Chan (2008) and Jason Lu (2019), and will soon be joined by some from the class of 2020. Andie will continue to do part time clinical work at Olive View adding to our ultrasound team.

Congratulations to **Sophie Terp (2012)** who continues her research on various aspects of EMTALA violations (see the last newsletter for all the media on her review of psychiatric emergency violations), and has led to several grand rounds lectures this past year and an abstract presentation at ACEP 2019 - Terp S. Axeen S, Menchine M. Emergency Medical Treatment and Labor Act Violations for Recipient Hospital Responsibilities, 2005-2014. Ann Emerg Med 2019 ACEP Research Forum Supplement. 2019 October; 74(4S): S61.

Tyler Barrett (2005) was nominated by his CMO to participate in a highly competitive leadership training program established by the Tennessee Medical Association. He is one of 2 Vanderbilt University Medical Center physicians selected to participate in the Tennessee Medical Association's **John Ingram Institute** for Physician Leadership in 2020. "Drew Franklin, MD, MBA, assistant



professor of Clinical Anesthesiology and medical director of the Pediatric Pain Management Service at Children's Hospital; and Tyler Barrett, MD, MSCI, associate professor of Emergency Medicine and medical director of the Adult Emergency Department, will be participating in the Physician Leadership Lab, a seven-month course that helps physicians acquire the skills to become quality leaders in team care settings. Areas covered by the course include implementing change leadership, creating a culture of high reliability and delivering better clinical and financial outcomes."



Congratulations to Chuck Pozner (1995)! If you did not know, he is the co-founder and founding medical director of the Neil and Elise Wallace STRATUS **Center** for Medical Simulation at Brigham and Women's Hospital/Harvard Medical School. Under his leadership since 2003, the center has grown from being exclusively for emergency medicine to serving as the simulation center for the entire academic medical center. Chuck and his colleagues at the STRATUS Center are working with NASA on their mission to Mars. The research is investigating objective measures of behavior using biometrics to better identify and train a new breed of astronauts who will work and respond to

medical and other crises in austere and uncharted territory of deep space. As a part of the project, they have constructed a life-sized simulated International Space Station (ISS) medical bay in their center that enables them to simulate scenarios and gather data. They have already received 1.2 million dollars in grant support from NASA's National Space Biomedical Research Institute. The team at STRATUS is also working with Hollywood producers (Ford vs. Ferrari) on novel cinematic augmented reality technology to enable truly immersive training in the "payload light" environment of a Mission to Mars. Chuck continues to lecture nationally, and conduct research, and his team has just received two R01's totaling \$7.3 million. He was recently in Los Angeles to meet with some Hollywood folks and stopped by the ED at RRUCLA.



# Way to Go Alumni!



Angelique Campen (2000), in addition to her regular charity at the Painted Turtle, goes on a medical mission every year. This year she traveled to Nepal and together with Nepali, Australian and American practitioners (Medical Trekt Nepal) the group was able to help over 1000 patients in remote mountaintop villages with no access to medical care. Angelique recounted, "For 2 1/2 weeks, every other day, we trekked to a new village (often 8-9 hours, at altitude, in 90 degrees, in rain, up steep mountains, WITH LEECHES crawling up me). It physically took me to my limit but, once again, renewed my passion for medicine and fanned the fire in my heart. Next year is Panama. I welcome anyone to join me... life changing. #travelWithPurpose."





Congratulations to **Britt Guest** (2019) co-authored an EM:RAP compendium book chapter "Bedside Epinephrine Drip"

co-authored an
EM:RAP compendium book
chapter "Bedside Epinephrine
Drip." She also co-authored an
article in Emergency Physicians
Monthly with Mel Herbert (1995),
and Mary Lanctot-Herbert

"Every Village Needs

Emergency Medicine." October 2019.



III MBE HERBERT, MD. BRITT GUEST, MD. IULI MCGOWN-BOIT, NP and MARY LANCTOT-HERBERT, NP ON OCTOBER 1, 20



Eric Snyder (2008) took over the role of chief risk officer at Pacific Healthworks in January 2020.

### Calling out to all Alumni

Do you have something to share with the UCLA EM residency for the alumni family or kudos page? Send updates any time during the year.

Are you available to come and guest lecture to our residents?

Will you be coming to SAEM in Denver May 2019? We want to catch up and see you.

Send any of these updates to the newsletter editor, at Richelle Cooper (1998).



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